**GUIDELINES FOR PHYSICAL POSTERS, OSOS**

A physical poster is the traditional printed display that communicates scientific research concisely through visuals and key text, mounted and presented at designated poster boards during the conference.

1. **Abstract Submission**
	* Abstracts must be submitted **online only**.
	* Submissions through email, fax, or hard copies will not be accepted.
2. **Nature of Posters**
	* Posters are presented by **individual authors** rather than organizations.
	* Content should highlight **scientific material** (preferably new information).
	* Posters should not be used to **promote an organization** or solicit members.
3. **Preferred Study Types**
* **Clinical Studies**
	+ Observational (prospective or retrospective) studies.
	+ Case-control, cohort, or cross-sectional studies.
	+ Diagnostic test evaluations and validation studies.
* **Case Series & Case Reports**
	+ Rare / unusual clinical presentations.
	+ Atypical manifestations of common diseases.
	+ Unique complications and innovative management.
* **Surgical Techniques & Innovations**
	+ Novel surgical approaches or modifications.
	+ Instrument design or technique refinement.
	+ Outcomes of newer implants or devices.
* **Translational & Laboratory Research**
	+ Bench-to-bedside applications relevant to ophthalmology.
	+ Basic science with clinical implications.
* **Community Eye Health / Public Health Studies**
	+ Screening program outcomes.
	+ Teleophthalmology initiatives.
	+ Cost-effectiveness or access-to-care studies.
* **Educational & Audit Studies**
	+ Training innovations (simulation, skills labs).
	+ Clinical audit and quality improvement projects.
* **Systematic Reviews & Meta-analyses**
	+ Only if concise and with strong visual representation.

❌ **Discouraged:** Purely theoretical work without data, drug promotion, or descriptive reports without measurable outcomes.

1. **Number of Submissions**
	* Each presenting author may submit **up to two posters**, both of which may be considered for selection based on evaluation scores.
2. **Authorship Rules**
	* A maximum of **4 authors** (including the presenting/chief author) is allowed.
	* All ophthalmic authors should be **members of OSOS** (ratified or non-ratified).
	* Non-ophthalmic co-authors may be included if relevant; they need not be OSOS members.
	* At least **one ratified OSOS member** must be part of the authorship.
	* Non-member ophthalmic authors must obtain OSOS membership at [osos.co.in](http://osos.co.in).
	* For including non-ophthalmic non-members, prior permission should be sought from the Chairman, Scientific Committee, with complete author details (course, name, address, email, mobile).
3. **Institutional Details**
	* **Institution/hospital affiliation or doctor’s name must not appear** in the title or abstract. Violation will lead to automatic rejection.

**7. Judging Criteria for Physical Posters**

Posters will be judged by an expert panel using the following **criteria**:

| **Parameter** | **Weightage** | **Details** |
| --- | --- | --- |
| **Scientific Content & Originality** | 30% | Novelty of research, clarity of hypothesis, relevance to ophthalmology practice. |
| **Study Design & Methodology** | 20% | Appropriateness of study type, sample size, statistical validity, ethical considerations. |
| **Results & Interpretation** | 20% | Clarity of data presentation (tables, graphs, figures), strength of evidence, logical conclusions. |
| **Poster Layout & Visual Appeal** | 15% | Organization, readability, font size, color contrast, effective use of visuals. |
| **Practical / Clinical Relevance** | 10% | Applicability to day-to-day practice, patient care, or policy. |
| **Presentation & Interaction** | 5% | Author’s ability to explain, answer questions, and engage during judging session. |

* **Scoring:** 100 points (≥70% for commendation, top scorers eligible for OSOS Best Poster Award)

**Poster Presentation Checklist for Ophthalmology Conferences**

**1. General Specifications**

* **Poster Size:** Standard size **90 cm (width) × 120 cm (height)** (portrait orientation).
* **Material:** Printed on **flex or high-quality matte finish paper** (lamination optional).
* **Mounting:** Posters will be displayed on boards provided by the organizers; authors must mount their posters within the allotted time.
* **Title Strip:** At the top, include **Title, Authors (initials & surnames only), and Affiliations** (avoid logos/branding).
* **Font Size Recommendations:**
	+ Title: 72–100 pt (visible from 3–4 meters).
	+ Section Headings: 48–60 pt.
	+ Body Text: 24–32 pt.

**2. Layout & Content Structure**- **Recommended Sections:**

* + Title (short, precise, no abbreviations)
	+ Introduction / Purpose
	+ Methods / Materials
	+ Results (figures, tables, charts encouraged)
	+ Discussion
	+ Conclusion / Key Takeaway
	+ References (Vancouver style, small font acceptable)
* **Flow:** Arrange content in columns for easy left-to-right or top-to-bottom reading.
* **Brevity:** Use bullet points, concise sentences, and keywords instead of long paragraphs.

**3. Visual & Presentation Tips**

* **Clarity:**
	+ Use high-contrast color schemes (dark text on light background).
	+ Avoid over-crowding; keep adequate spacing between sections.
* **Figures & Tables:**
	+ Prefer **visuals over text**—graphs, clinical images, and flowcharts improve comprehension.
	+ Images must be of **high resolution** (minimum 300 dpi).
* **Avoid Overload:** Limit poster to **1,000 words maximum** (excluding references)
* **Author Presence:**
	+ The presenting author must remain available during the designated session for discussion and Q&A.
	+ Carry **handouts or QR codes** if additional data is to be shared.
* **Submission & Logistics:**
	+ Posters should be submitted for preview (soft copy in PDF/JPEG format) if requested by the committee.
	+ Authors must bring the **printed poster themselves**; conference organizers will not provide printing services