



Odisha State Ophthalmological
Conference 2025 (OSOCON)

SOUVENIR 2025



MKCG Medical College & Hospital, Berhampur
21-23 November 2025



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Please contact

JPM Rotary Club of Cuttack Eye Hospital & Research Institute
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Phone : 7440004909, 7440004907, 7440004908
email : jpm@jpmrotary.org, Website: www.jpmrotary.org

Satellite Hospital : JPM Rotary Adikanda Panda Memorial Eye Hospital, Taliha, Jajpur
Vision Centres : RC Puri JPM VC, AMNS Ports Paradip VC

ଡା. ହରିବାବୁ କାମ୍ଭମପତି
ରାଜ୍ୟପାଳ, ଓଡ଼ିଶା
डा. हरिबाबू कमभमपति
राज्यपाल, ओडिशा

Dr. Hari Babu Kambhampati
Governor, Odisha



ରାଜ ଭବନ
ଭୁବନେଶ୍ୱର - ୭୫୧୦୦୮
राज भवन
भुवनेश्वर-୭୫୧୦୦୮

RAJ BHAWAN
BHUBANESWAR-751008



It gives me immense pleasure to know that the Odisha State Ophthalmological Society (OSOS) is organizing its **41st Annual Conference (OSOCON 2025)** at **MKCG Medical College, Berhampur, Ganjam.**

This annual gathering of eminent ophthalmologists, researchers and healthcare professionals provides an excellent platform to exchange ideas, share experiences and deliberate upon the latest advancements in eye care and vision sciences. Such interactions not only strengthen professional competence but also contribute significantly towards improving eye health and preventing avoidable blindness in our communities.

I am confident that the deliberations and scientific sessions during the conference will inspire new perspectives and innovations in ophthalmology. The publication of a souvenir on this occasion, capturing the spirit and achievements of the Society, is a commendable initiative.

I extend my heartiest congratulations to the organizers and participants for OSOCON 2025. May this conference be a grand success and further the cause of quality eye care and public health in Odisha and beyond.


(Hari Babu Kambhampati)

MOHAN CHARAN MAJHI
CHIEF MINISTER, ODISHA



LOKASEVA BHAVAN
BHUBANESAR



I am glad to know that Odisha State Ophthalmological Society is organizing its 41st Annual Conference OSOCON-2025 from 21st to 23rd November, 2025 at Berhampur and bringing out a souvenir in commemoration.

I extend my warm greetings to all Ophthalmologists and delegates from inside and outside the state and hope, they will have fruitful deliberations with focus on latest developments and applications in Ophthalmology.

I wish the conference and the publication all success.


(Mohan Charan Majhi)

Dr. Mukesh Mahaling

Minister
Health & Family Welfare,
Parliamentary Affairs,
Electronics & Information
Technology, Odisha



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D.O. No. 382/MHFWPAE&IT.
Bhubaneswar
Date : 08-10-2024

It gives me immense pleasure to learn that the 41st Annual Conference of the Odisha State Ophthalmological Society (OSOS) is being organized at MKCG Medical College, Berhampur. I extend my heartfelt congratulations to the organizers, faculty, and delegates for hosting this prestigious Scientific event.

Ophthalmology, as a specialty, continues to evolve rapidly with advances in diagnostics, surgical techniques, and technology that enhances both the precision of treatment and the quality of life of patients. Conferences like this provide a valuable platform for sharing knowledge, showcasing innovations, and fostering collaboration among clinicians, researchers, and academicians.

I am confident that this conference will not only enrich professional skills but also inspire new ideas and strengthen the collective commitment to eliminate avoidable blindness in our state and beyond.

I wish the conference grand success and hope that all the participants will have a fruitful academic exchange in the historic city of Berhampur and publication of souvenir all the success.

Best wishes for OSOCON 2025.

Mukesh Mahaling

(Dr. Mukesh Mahaling)

Prof. (Dr.) Manash Ranjan Sahoo, MS, FACS
 Vice - Chancellor
 Odisha University of Health Sciences
 Sishu Bhawan Square
 Bhubaneswar, Odisha, Pin-751009



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 Email : ouhs@ouhs.ac.in
 D.O. No. 262-VC/OUHS
 Bhubaneswar
 Date : 10/11/2025



Message from the Hon'ble Vice Chancellor of Odisha University of Health Sciences (OUHS) **Prof. (Dr.) Manash Ranjan Sahoo**

It gives the immense pleasure to extend my heartfelt congratulations to the Organizing Committee of the Odisha State Ophthalmological Society on the occasion of the 41st Annual Conference of OSOCON-2025. The publication of a Souvenir to commemorate this prestigious event is indeed a commendable initiative.

I am confident that this conference will serve as an excellent platform for the exchange of scientific knowledge, research advancements, and innovations in the field of healthcare. It will undoubtedly play a pivotal role in fostering academic growth and promoting excellence in the teaching and training of both faculty members and students.

I firmly believe that such conferences not only strengthen professional collaborations but also encourage the dissemination of new ideas among ophthalmologist, researchers, and healthcare professionals, thereby contributing to the advancement of eye care and medical science.

I once again extend my sincere congratulations to the Organizing Committee for their dedicated efforts in bringing out this Souvenir and convey my best wishes for the grand success of the Conference.

Prof. (Dr.) Manash Ranjan Sahoo

Message From DEAN & PRINCIPAL



Jay Shri Jagannath

On behalf of local organising committee OSOCON 2025, It gives me immense pleasure and pride to welcome you all here at MKCG Medical College - an institution that has long stood as a beacon of medical education, research, and compassionate healthcare in our region and beyond. As we embark on these days of learning and discussion, I encourage each of you to engage actively, question freely, and collaborate openly. Wish you all take home a lovely experience after attending OSOCON 2025 Which is going to be a combination of academic, social and cultural extravaganza.

I wish you all a pleasant day at Berhampur during the conference. May Lord Jagannath bless you all with lots of happiness, prosperity, and well-being.

LONG LIVE OSOS

Prof. Dr. SUCHITRA DASH
DEAN & PRINCIPAL MKCG MCH, BERHAMPUR

Message from the PRESIDENT, AIOS



It gives me immense pleasure to extend my heartfelt greetings to the Odisha State Ophthalmological Society on the occasion of its Annual Conference - OSOS 2025, being held from 21st to 23rd November 2025 at MKCG Medical College, Berhampur.

Conferences such as this serve as a vibrant platform for learning, sharing, and advancing knowledge. In a rapidly evolving field like ophthalmology, continuous skill enhancement and scientific exchange are crucial in shaping better clinical outcomes and a brighter future for our patients. I am delighted to see the rich blend of scientific sessions planned, encouraging active participation from both experienced clinicians and young budding ophthalmologists.

Odisha has always been known for its academic heritage, clinical excellence, and strong commitment to community eye care. I am confident that this conference will carry that legacy forward and inspire fresh ideas, stronger collaborations, and innovative approaches to combat the growing burden of eye diseases in our country.

My sincere appreciation to the Organising Committee for their dedication and meticulous effort in hosting this event. I wish the conference grand success and trust that all delegates will take home not only valuable learnings but also cherished memories from this beautiful state.

With warm regards and best wishes for a productive and memorable conference.

Dr. Partha Biswas
President, AIOS

Message from OSOS PRESIDENT



PRESIDENT'S MESSAGE

It is with great joy and anticipation that I welcome you to the 41st Odisha State Ophthalmological Conference (OSOCON 41) at Brahmapur, scheduled for 21st-23rd November 2025.

This conference is particularly close to my heart, as it returns to M.K.C.G. Medical College and Hospital-the very institution where I earned my postgraduate degree in the late seventies. Walking these hallowed corridors once again will surely awaken treasured memories of my student days, reconnecting me with the aspirations and dreams of my youth.

As the great Odia Poet Gangadhar Meher once wrote:

‘ଜ୍ଞାନ ହିଁ ପରମ ଧନ, ଜ୍ଞାନ ହିଁ ପରମ ବଳ’

(Knowledge is the ultimate wealth, knowledge is the ultimate strength)

May this conference embody this timeless wisdom, enriching us all through meaningful exchanges and scholarly discourse.

I congratulate the Local Organising Committee for their tireless dedication in creating an exceptional academic experience. Their meticulous planning and gracious hospitality promise to make OSOCON 41 truly memorable.

I wish you all a stimulating and successful conference.

Dr Srimanta Behera
President OSOS

Message From ORGANISING CHAIRMAN, OSOS



Welcome Address

Dear Esteemed Colleagues, Guests, and Friends,

It is with immense pride and heartfelt joy that I welcome you all to the Annual Conference of the Odisha State Ophthalmological Society (OSOS), being held at the historic and vibrant campus of MKCG Medical College, Berhampur, from the 21st to the 23rd of November.

This conference is more than a gathering-it is a celebration of our shared commitment to advancing eye care, fostering innovation, and strengthening the bonds of our ophthalmic community. As Chairman of the Organising Committee, I am deeply honored to host this prestigious event in our city, where tradition meets progress and learning thrives.

Over the next three days, we will engage in enriching scientific sessions, hands-on workshops, and spirited discussions that reflect the dynamic evolution of ophthalmology. We are privileged to welcome distinguished speakers, researchers, and practitioners whose contributions continue to shape the future of our field.

I extend my sincere gratitude to all members of the Organising Committee, our sponsors, and volunteers whose tireless efforts have made this conference possible. To our delegates-your presence adds immense value, and we look forward to your active participation and insights.

Let this conference be a beacon of knowledge, collaboration, and inspiration. May it leave us all with renewed energy to serve our patients and communities with excellence and compassion.

Warm regards,

Dr. BNR Subudhi

Chairman, Organising Committee OSOS Annual Conference 2025 MKCG Medical College, Berhampur

Message From SECRETARY, OSOS



My heartiest greetings to all the members and organising committee of OSOCON 2025 Berhampur. It's rightly said a society emphasizes its role as the conscience of a nation, its power to demand change, and its foundation in moral responsibility and justice. Our society truly stands as a mirror to this statement representing the collective consciousness of its members, indeed truly progressive, ready for change, be it scientific or constitutional and democratic with principles of equity and Justice. As the General Secretary, this journey of mine has been a learning experience, and I thank all my executives and members for your guidance and support to be part of a few historical decisions from amendment of constitution to making the Finance Income Tax free. I wish the upcoming Executive Committee to take our society to new heights and wish this edition of OSOCON BERHAMPUR a grand success.

Dr. Samir Kumar Patra

General Secretary, OSOS

Message From ORGANISING SECRETARY, LOC



Jay shri Jagannath

On behalf of local organising committee OSOCON 2025, I welcome all the delegates from different parts of Odisha and guest faculties to the silk city of Berhampur.

I wish you all, take home, a lovely experience after attending OSOCON 2025 Which is going to be a combination of academic, social and cultural extravaganza.

I wish you all a pleasant day at Berhampur during the conference. May Lord Jagannath bless you all with lots of happiness, prosperity, and well-being.

LONG LIVE OSOS

Regards,

Prof. Dr. SARITA PANDA

ORGANISING SECRETARY, LOC OSOCON 2025

Message From JOINT ORGN. SECRETARIES



It is my immense pleasure to welcome all to the 41st OSOCON Conference to be held at MKCG Medical College and Hospital from 21st to 23rd November 2025.

The OSOCON conference is not merely a gathering of Ophthalmologists, but a vibrant platform for continuous learning, scientific exchange, and skill advancement.

This conference will host around 30+ distinguished guest faculties representing various sub-specialties, offering enriching academic sessions and interactive programs for postgraduates and practicing Ophthalmologists. A special felicitation ceremony has been planned to honor our esteemed seniors who have paved the way for generations to come. Adding to the academic celebration, the OSOCON cultural nights promise extraordinary entertainment showcasing the hidden talents of our ophthalmic fraternity.

We welcome Creative Minds' [C - Confidence, R-Recognition, E-Enthusiasm, A-Adaptability, T-Teamwork, I-Innovation, V-Versatility, E-Expression.]

On behalf of the Organizing Committee, I extend my heartfelt thanks to all the delegates, faculty members, organizing teams, and well-wishers who have come together to make OSOCON 2025 a grand success.

With warm Regards,

Dr. Sabita Devi
Joint Organizing Secretary, OSOCON 2025

Message From JOINT ORGN. SECRETARIES



Dear Guests,

On behalf of the Local Organising Committee of OSOCON 2025, we extend a warm welcome to all delegates and distinguished faculties to the silk city of Berhampur.

We hope this conference provides a perfect blend of academic enrichment, social interaction, and cultural celebration, leaving you with pleasant memories and renewed inspiration.

Regards

Dr Sweta Patro

JOINT ORGANIZING SECRETARY, OSOCON 2025

Message From EDITOR-IN-CHIEF



It gives me immense pleasure to present this souvenir on the occasion of the Annual Conference of the Odisha State Ophthalmological Society. This publication is not just a collection of articles and messages, but a reflection of our fraternity's academic zeal, clinical expertise, and collective spirit.

Ophthalmology continues to evolve at a remarkable pace, with new techniques, technologies, and treatment modalities transforming patient care. As ophthalmologists, it is our responsibility to embrace innovation while preserving the core values of compassion, ethics, and service. This souvenir embodies that spirit by showcasing contributions from our members-ranging from scientific articles and clinical experiences to thought-provoking perspectives-that will inspire and enrich our community.

I sincerely thank all the contributors, reviewers, and the editorial team for their tireless efforts in bringing this issue to fruition. Their dedication has ensured that the souvenir stands as a valuable academic resource as well as a keepsake for all members.

I also take this opportunity to acknowledge the unwavering support of the society's office bearers and organizing committee, whose vision and commitment continue to strengthen our association and elevate ophthalmic practice in Odisha.

May this souvenir serve not only as a repository of knowledge but also as a reminder of our shared mission: to prevent blindness, restore vision, and improve quality of life for our patients.

With warm regards and best wishes for a successful conference,

Dr. Rutayani Dash
Editor-in-chief, Sovenir, OSOCON-2025



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Guest Faculty



DR AJIT BABU



DR AMULYA SAHU



DR ANITA PANDA



DR NAMRATA SHARMA



DR JC DAS



DR RUPESH AGRAWAL



DR USHA KIM



DR CHITRA RAMAMURTHY



DR PRAFULLA MAHARANA



DR PPRASANT BAWANKULE



DR SWAPAN SAMANT



DR ARUP CHOKROBORTY

Guest Faculties



DR NAMITA DAVE



DR KOUSHIK TRIPATHY



DR P CHANDRAKANT



DR FAIROOZ



DR SUDEEP DAS



DR INDER K. RUSTAGI



DR JOHN DAVIS



DR VINEY GUPTA



DR. MIHIR MISHRA



DR DOEL BISWAS



DR. ANKUR SINGH



Office Bearers



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DR. ASHOK NANDA



DR. JAIESH TOPPO



DR. SABYASACHI PATTANAİK



DR. SAMEER PATRA



DR. SUBAL K KAR



DR. SARMISTHA BEHERA



DR. BNR SUBUDHI

Local Organising Committee

OSOCON 2025

41st Annual Conference of ODisha State Ophthalmological Society

LOC



PROF BNR SUBUDHI
CHAIRMAN ORG. COMMITTEE



PROF SUCHITRA DASH
CHAIRMAN RECEPTION COMMITTEE



PROF SARITA PANDA
SECRETARY ORG. COMMITTEE



DR SILLA SITARAM
TREASURER



DR PRAVEEN SUBUDHI
SC COMMITTEE



DR SABITA DEVI
CO-ORG. SECRETARY



DR SWETA PATRO
CO-ORG. SECRETARY



DR SUJATA PADHI
CHIEF COORDINATOR



DR ASWINI BEHERA
CO-ORDINATOR



DR NABATIKA MOHANTY
CO-ORDINATOR



DR CHANCHAL PODDAR
CO-ORDINATOR



DR E JAYANTIRAO
ADVISER



DR KASINATH SAHU
ADVISER



DR N B PATNAIK
ADVISER



DR RAJENDRA BEHERA
ADVISER



DR SM RAO
ADVISER



PROF JP BEHERA
PATRON



DR SOUDAMINI PANDA
PATRON



DR SUSHANT BEHERA
PATRON



DR PS DAS
PATRON



DR GP DAS
PATRON



DR SAYED
PATRON



DR SANJUKTA MAHAPATRA
PATRON



DR DEEPIKA PRIYADARSHNI
CATERING



DR RUTAYANI DASH
SOUVENIR



DR PRATIBA BEHERA
REGISTRATION



DR ASEEMA MALLICK
RECEPTION



DR DHANESWAR GOMANGO
ACCOMMODATION



DR SOUBHAGYA PANDA
TRANSPORTATION



DR MEGHNA SAMANTRAY
AUDIO VISUAL



DR K SNIGDHA
PUBLICITY



DR TAHMINAHMED
LOGISTICS

- Members All Resident Doctor's

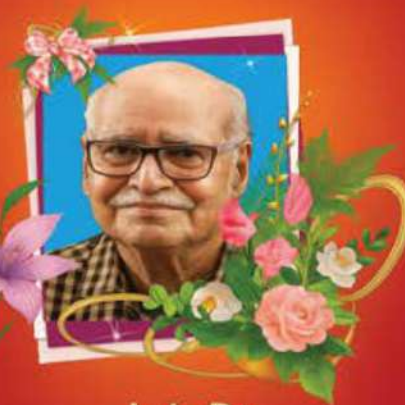


LOC, OSOCON 2025

OBITUARY



**Late
Dr. Nageswar Patro**



**Late Dr.
Subash Ch. Patra**



Late Dr KSN Roa



**Late Dr Prafulla
Chandra Mohapatra**





Awards



LIFE TIME ACHIEVEMENT AWARD 2025



Prof Dr. Laxmidhar Mishra

Professor Dr Laxmidhar Mishra, son of Late Nilamani Mishra, hails from Durga Bazaar, Badapanda Sahi, Dhenkanal (OD-759001). He is married to Smt Swarna Lata Mishra and is blessed with two daughters and two sons. Born on 20 October 1945, he is a life member of the Odisha State Ophthalmological Society (OSOS L003) and the All India Ophthalmological Society (AIOS M03781). He can be contacted at 9437126671 (WhatsApp linked to OSOS) or 7008855343.

Academic&ProfessionalChronology Year Milestone / Position Held

1962 Passed Matriculation (FirstDivision)-B.B. High School, Dhenkanal 1968

1978 Completed MBBS and M.S. (Ophthalmology) - VSS Medical College & Hospital, Burla

1972 Joined as Junior Teacher - Dept. of Ophthalmology, SCB Medical College, Cuttack

1982 (July) Appointed Assistant Professor - MKCG Medical College, Berhampur

1982-2000 Conducted and participated in hundreds of cataract surgery eye camps across rural Odisha

2000 Promoted as Professor of Ophthalmology

2000-2003 Professor & Head of Department - VSS Medical College & Hospital, Burla

Oct 2003 Superannuated after a distinguished academic career of over three decades Legacy:

A devoted teacher, surgeon, and humanitarian who shaped generations of ophthalmologists and extended quality eye care to the remotest corners of Odisha

LIFE TIME ACHIEVEMENT AWARDEE 2025



Dr. Kasinath Sahu

Awardee- Life time Achievement award OSOS 2025

Dr. Kasinath Sahu, M.B.B.S., M.S. (Ophthalmology)

Family: Blessed with three sons - one settled in USA; others in business.

Grandson: Tutor in Physiology Dept., MKCG MCH.

Interest: Community ophthalmology and voluntary eye-care outreach.

Year /Period	Event / Milestone
14 July 1943	: Born at village Chanduli, Ganjam District, Odisha
1950s - 1961	: Primary education at Chanduli; schooling at Brundaban Vidya Peetha, Berhampur
1961 - 1963	: Intermediate (Science), Khallikote College, Berhampur
1963 - 1968	: M.B.B.S., MKCG Medical College & Hospital; passed out in 1968
1969 - 1972	: Medical Officer, Chandrapur (LEH Dept., Govt of Odisha)
1972 - 1980	: Medical Officer, PHC Bodagada, Ganjam District
1980 - 1983	: Admitted to M.S. (Ophthalmology), MKCG MCH; passed out 1983
1983 - 2001	: Ophthalmic Surgeon under Odisha Health Services; served at U.G. PHC Paladara, Narendrapur, Bhatakumarada&Kodala (Ganjam Dist.)
1990s - 2001	: Also posted as Municipality Health Officer, Store Medical Officer (Account & Administration) at MKCG MCH
30 June 2001	: Retired from Govt. service as Senior Medical Officer (Ophthalmology)
2001 - Present	: Continued honorary general & ophthalmic practice; conducted many free eye and health camps in Ganjam & Nayagarh; rendered free services for 4 years at Hinjilicut (including free medicine distribution)

PROF. MAHENDRA CHANDRA MISHRA AWARD



Prof Mahendra Chandra Mishra

Prof. Dr. Mahendra Chandra Mishra (1909 - 1980s)

Prof. Dr. Mahendra Chandra Mishra, son of Sri Damodar Mishra and Smt. Fakiri Devi, was the first Postgraduate Professor of Ophthalmology in Odisha-a revered teacher and compassionate physician.

Sir completed his schooling at Ravenshaw Collegiate School (Cuttack, 1927) and I.Sc. at Ravenshaw College (1929); MBBS from P.W. Medical College, Patna (1935) and DOMS from London University (1948) under a Government of India Scholarship.

He joined the Orissa Medical Service in 1937, at Nuapada, Balasore, and Bhadrak, Lecturer at Orissa Medical School. After returning from London, he became Assistant Professor, then Professor & Head, Department of Ophthalmology, S.C.B. Medical College, Cuttack, Superintendent of SCB MCH. He retired in August 1968.

He brought national recognition to Odisha by becoming the President of the All India Ophthalmological Society in 1974, the first Odia to hold this distinction.

To honour his pioneering legacy, Prof. Dr. Udhava Charan Behera instituted the first ever OSOS Oration Award in his name, from funds remaining after the Burla Conference-marking the beginning of the oration tradition in Odisha State Ophthalmology.

PROF. DR. MAHENDRA CHANDRA MISHRA ORATION AWARDEE 2025



Dr. Srikant Kumar Sahu

MBBS, MS (Ophthalmology)
Consultant - Cornea & Anterior Segment

L V Prasad Eye Institute, MTC Campus, Patia, Bhubaneswar, Odisha, India, Cell : +91 9439488888 | srikantsahu@lvpei.org

Profile

A highly accomplished ophthalmologist with over two decades of expertise in cornea and anterior segment surgery, ocular surface disorders, and clinical research. Dr. Srikant Kumar Sahu has been instrumental in advancing corneal surgery and disease management in Eastern India.

He is the first in Odisha to perform advanced corneal transplantation procedures including DALK, DSEK, SLET, and DMEK, with the distinction of performing DMEK without peripheral iridectomy. A passionate clinician and academician, Dr. Sahu has made significant contributions to the understanding of corneal pathologies by identifying and naming new corneal diseases such as Migratory Serpiginous Corneal Epithelopathy (MSCE), Microsporidial Immune Stromal Keratitis. His work has been featured in reputed ophthalmology journals including Ocular Surface and Cornea Journal.

Professional Highlights

Clinical Excellence : Over two decades of service at L V Prasad Eye Institute, Bhubaneswar, leading the Cornea and Anterior Segment department. Specialist in complex corneal transplants and ocular surface reconstruction.

Research & Innovation : Principal Investigator for multiple clinical trials on ocular allergies and conjunctivitis (Vernal Kerato-Conjunctivitis, Adenoviral Conjunctivitis, and Allergic Conjunctivitis). Active contributor to the advancement of corneal immunology and transplant techniques.

Leadership & Academic Service : Actively involved in institutional scientific committees, fostering academic growth and innovation. Dedicated mentor to young ophthalmologists and postgraduate trainees.

Awards & Honours : Prof. Dr. Mahendra Chandra Mishra Oration Awardee - for outstanding contribution to Cornea and Anterior Segment Ophthalmology. Recognized for pioneering work in advanced keratoplasty and ocular surface disease research.

Core Expertise : Cornea & Anterior Segment | Keratoplasty (DALK, DSEK, DMEK, SLET) | Ocular Surface Disorders | Clinical Research | Immunologic Corneal Diseases | Academic Mentorship | Innovation in Surgical Ophthalmology.

PROF. DR. MAHENDRA CHANDRA MISHRA **ORATION AWARDEE 2025**



Prof. Dr. Ashok Kumar Nanda

Professor, Hi-Tech Medical College, Bhubaneswar
Medical Director, Kar Vision Eye Hospital, Bhubaneswar

Awardee Prof. Dr. Mahendra Charan Mishra Oration

Education : MBBS (1990), MS Ophthalmology (1995) - MKCG Medical College, Berhampur
Fellowship in Comprehensive Ophthalmology - LVPEI, Hyderabad (1996-1999)
Fellowship in LASIK & Refractive Surgery - Visual Aid Centre, New Delhi (2012)

Awards & Honours : Gold Medal in ENT & Ophthalmology (1989)
Best Paper - ISMSICS (2017), Dr S Kar & Prof K C Mohanty Awards (OSOCON 2019)
Outstanding Ophthalmologist - IMA & Rotary Club (2018)
Rajdhani Gaurav & Ekamrashree Awards (2021)
EIZOC State Felicitation (2022) o Luminary Award (2023) o Dr K R Dutta Award (2024)
Sushruta Sanman 2025 by FOTI o Most Influential Ophthalmologist in Odisha.
Has number of publications(>15) and presentations.

Professional & Academic Roles :

Professor, Hi-Tech Medical College, BBSR
Medical Director & Senior Consultant, Kar Vision Eye Hospital, BBSR
Editor, Odisha Journal of Ophthalmology (2006-09)
Treasurer (2009-16), General Secretary (2016-18), Vice President (2024-25), OSOS
Organizing Secretary: GSI (2014), EIZOC (2021), OSOCON (2022), ACOIN (2023)

Achievements :

Popularised phacoemulsification & refractive surgery in Odisha
Developed first group-practice superspecialty eye hospital in the state
Instructor & speaker at AIOS, EIZOC, and World Ophthalmic Congress (2018)
Wet Lab Instructor, Barraquer Eye Institute, Barcelona (2018)
Conducted charitable eye camps with Lions Eye Hospital since 2004
Areas of Interest: Cataract & Refractive Surgery | Glaucoma | Oculoplasty | Community Eye Care

PROF. BISWAMBARAJGURU

ORATION AWARDEE 2025



Prof. Biswambar Rajguru

Renowned as an exceptional educator and a skilled administrator, Prof. Rajguru has made significant contributions to both medical education and eye care administration in Odisha and across India. His dedication to teaching and leadership has transformed the landscape of ophthalmology.

Born on September 5th 1927, in Paralakhemundi, Prof. Rajguru has been a transformative figure in the field of ophthalmology. He graduated with an MBBS from SCB Medical College, Cuttack, in 1950, earning honors as the Best Graduate in Ophthalmology. He furthered his education with a Diploma and an M.S. in Ophthalmology from Andhra University, completing his advanced training as an Exchange Program Fellow at Washington University School of Medicine, St. Louis, USA.

Prof. Rajguru's career spanned several pivotal roles, starting as a Junior Teacher and culminating as the Director of Medical Education and Training in Odisha. His leadership as Principal and Superintendent at VSS and MKCG Medical Colleges shaped medical education and practice in the region. He also played a key role as Ophthalmic Advisor to the Government of Odisha and contributed to national strategies for blindness prevention through the National Program for Control and Prevention of Blindness.

An active member of prestigious committees, including the Indian Council of Medical Research and the Medical Council of India, Prof. Rajguru has been a life long advocate for ophthalmic care. He has presented over 30 research papers at national and international conferences, reflecting his dedication to advancing the field. His contributions extend beyond his professional life, as he has remained actively involved in ophthalmic healthcare and education even after his retirement in 1985.

AWARDEE: Each year, an outstanding Ophthalmologist, Vision Scientist, or Social Activist in vision science-either serving in Odisha or of Odisha origin-will receive an award for significant contributions to eye care techniques and technology. Nominations will be invited six months prior to the annual state conference from eyecare institutions and individuals.

A selection committee will choose the most deserving candidate, who will have a month to prepare and deliver an Oration Lecture at the conference, receiving an award of Rs. 10,000 and a citation.

SELECTION COMMITTEE :

President of OSOS

Chairman Scientific Committee, OSOS

Director of L. V. Prasad Eye Institute, Bhubaneswar

Two of students of Prof. B. Rajguru nominated by their forum, one of them will be the convenor of the committee and initiate the selection process

Year wise recipients of Award

2009 : Dr. Tara Prasad Das

2010 : Dr. Bikash R. Pattnaik,

2011 : Mr. Keerti Pradhan

2012 : Dr Amresh Chopdar

2013 : Dr Savitri Sharma

2014 : Dr. Sudipta Kumar Mohanty

2015 : Dr. Tapas Ranjan Padhy

2016 : Dr. S Shivaji

2017 : Prof. Dr. BNR Subudhi

2018 : Dr. Soumyava Basu

2019 : Dr. Ruchi Mittal

2020 : Mr. Rudra Narayan Mohanty

2021 : Dr. Sujata Das

2022 : Dr. Ramnath Misra

2023 : Dr. Shiva Prasad Sahoo

2024 : Dr. Suryasnata Rath

2025 : Dr. Srikanta Kumar Padhy

PROF. BISWAMBARAJGURU ORATION AWARDEE 2025



Dr Srikanta Kumar Padhy

Associate Ophthalmologist (Vitreoretina)
Anant Bajaj Retina Institute, LV Prasad Eye Institute, Bhubaneswar
srikantkumar.padhy19@gmail.com | Cell : +91 9013232657

Education: MD (Ophthalmology), AIIMS New Delhi | Fellowship in Vitreoretina, LVPEI

Experience : Associate Ophthalmologist, LVPEI (Bhubaneswar) | Ex-SRF, AIIMS New Delhi

Awards : IJO Silver Award 2024 | Best Video (Paediatric Retina Meet 2019) | University Gold Medalist 2013

Academic Roles :

Advisory Board - Ophthalmology and Therapy | Reviewer - BJO, IJO, BMC Ophthalmology

Publications :

- 77 peer-reviewed papers
- 3 book chapters

Interests :

Retinal dystrophies | Electrophysiology | Inherited retinal disease

Contribution to Basic Sciences :

Dr Padhy has contributed significantly to translational retinal science by bridging clinical observation with electrophysiological and genetic insights. His work on retinal dystrophies, visual electrophysiology, and inherited retinal diseases has strengthened the understanding of genotype-phenotype correlations. He has also contributed to basic ocular imaging, neuro-ophthalmic physiology, and gene therapy models, expanding the interface between bench research and clinical application

PROF. DR. LAXMIKANTA MAHAPATRA

ORATION AWARD 2025



Prof. Dr. Laxmikanta Mahapatra

Prof. Dr. Laxmikanta Mahapatra was a luminary in the field of ophthalmology and a dedicated servant of humanity. Born and raised in Odisha, he graduated from S.C. B Medical College, Cuttack, in 1950, becoming part of its second graduating class. His journey in medicine began as a general practitioner, but his unwavering commitment to eyecare. Quickly steered him towards specialization in ophthalmology, culminating in a Diploma from Aligarh University in 1957.

His career was marked by a series of impactful roles, including his mentorship under Dr. Mahendra Chandra Mishra in the ophthalmology department at S.C.B. Medical College. His expertise flourished during his tenure as a senior teacher at MKCG Medical College, where he developed a notable proficiency in managing dacryocystitis. His leadership was further recognized when he became the Professor and Head of the Ophthalmology Department at VSS Medical College, and later returned to MKCG Medical College in the same capacity, significantly shaping the landscape of eye care in the region until his retirement in 1984.

Post-retirement he continued to embody the spirit of service, offering free eye check-ups for under privileged communities in Sakhigopal, thereby extending his compassionate reach beyond institutional walls. His dedication to the community and commitment to providing accessible healthcare reflect the essence of his character—a true embodiment of the Satyabadi principles of truth, simplicity and altruism.

Beyond his clinical and academic contributions, Dr. Mahapatra was also a passionate artist and literature enthusiast, showcasing a creative spirit that enriched the cultural fabric of his community. His legacy is honored through the Dr. Laxmikanta Mahapatra Oration, established by late Dr. Gadadhar Sarangi to recognize his indelible contributions to ophthalmology.

As we celebrate Dr. Mahapatra's life, we remember him not only as a remarkable ophthalmologist

but as a beacon of hope and service who profoundly impacted countless lives through his unwavering dedication to eyecare and community welfare. His legacy continues to inspire future generations of medical professionals, ensuring that his spirit of service lives on in the hearts of many.

AWARDEE:

Oration award is given to either to a paediatric ophthalmologist or to an ophthalmologist who has contributed significantly to any paediatric eye disease.

Prof. Dr Jayachandra Das, Retired Prof and Head of Guru Nanak Centre for ophthalmology was given the responsibility to choose a suitable candidate for the purpose.

But, without dishonouring the departed souls, without disrespecting Prof Jayachandra Das, a selection committee was setup, keeping the future in mind.

Year Wise Recipients

2015 : Prof. Jayachandra Das

2016 : Dr. Lalit Verma

2017 : Dr. Partha Biswas

2018 : Dr. Varshini Shanker

2019 : Dr. Zia Choudhury

2020 : Dr. Manish Shrivastav

2021 : Dr. Apama Rao

2022 : Dr. Sudarshankumar Khokhar

2023 : Dr. Suma Ganesh

2024 : Dr. Geetha Srinivasan

2025 : Dr. Viney Gupta

PROF. DR. LAXMIKANTA MAHAPATRA ORATION AWARDEE 2025



Prof. Dr. Viney Gupta

Professor of Ophthalmology, Glaucoma Services
Dr. Rajendra Prasad Centre for Ophthalmic Sciences, AIIMS, New Delhi
viney.gupta@aiims.edu | AIIMS New Delhi

Professional Summary :

A senior academic ophthalmologist with over 25 years of teaching and clinical experience, Prof. Viney Gupta leads the Glaucoma Services at AIIMS, New Delhi. Internationally recognized for pioneering work in congenital and juvenile glaucomas, surgical glaucoma, and glaucoma genetics, he integrates translational research with advanced patient care and education.

Education&Training :

Glaucoma Fellowship, Royal Victorian Eye and Ear Hospital, Melbourne (2007-2008) MBA, Faculty of Management Sciences, University of Delhi

Research & Publications

>250 indexed publications in peer-reviewed ophthalmology journals

Author of two books : Ocular Therapeutics and Glaucoma Management (GSI Initiative).

Principal Investigator in national projects on glaucoma genetics, notably Juvenile Open-Angle Glaucoma

Awards & Distinctions :

A.C. Aggarwal Trophy, Delhi Ophthalmological Society (2004), Best Poster Award, European Glaucoma Society, Florence (2004), Best Clinical Research Paper, AIIMS (2015), First Prize, Global Golden Helix Abstract Competition - "Digenic Inheritance in Juvenile Open-Angle Glaucoma" Examiner, Post-graduate Examinations, University of Malaysia

Academic & Leadership Roles :

Member-Secretary, Academic Committee, Dr. R.P. Centre, AIIMS Treasurer, Glaucoma Society of India (2011-2013), Joint Organising Secretary, Annual Conference, Delhi Ophthalmological Society (2004), Founder President, Indian Pediatric Glaucoma Society Mentorship, Guided>60 post-graduate theses in glaucoma, Actively promotes research-oriented training and genetic discovery in young ophthalmologists.

PROF. DR. UDHAB CHARAN BEHERA & PROF G S DAS INNOVATION AWARD



Prof. Dr. Udhav Charan Behera

Born on 5th March, 1927, in the humble village of Mahura, Odisha, Dr. Behera's journey from cowherd to esteemed ophthalmologist is a testament to resilience and dedication. With a B.Sc. from the University of Calcutta and an MBBS from S.C.B. Medical College, his medical education was guided by the mentorship of Prof. Mahendra Chandra Mishra. Dr. Behera completed his MS in Ophthalmology at Darbhanga Medical College, Bihar, and went on to serve as a faculty member in all three Government Medical Colleges of Odisha.

As the Professor and Head of the Ophthalmology Department at V.S.S. Medical College, Burla, he introduced pioneering surgical techniques, including the state's first keratoplasties and advancements in retinal detachment surgery. His legacy extends beyond his surgical expertise; he mentored numerous students, shaping the future of ophthalmology in the region. His profound impact on eyecare and his humble beginnings inspire many. In recognition of his contributions, the Eye Bank at V.S.S. Medical College is proposed to bear his name, ensuring that his dedication to the field will be remembered for generations to come.



PROF DR GUNASAGAR DASH

Oration Award on Innovation
in Ophthalmology



Education

MBBS & MS Ophthalmology: V.S.S.
Medical College, Burla (1982)
Retina & Vitreous Training: AIIMS
(1987)

Date of Birth: 27th September 1951
Place of Birth: Village Mahulpali-
Khampur, Sundargarh, Odisha

Career

Prof. & Head Ophthalmology + Medical Superintendent: V.S.S. Medical
College, Burla (until 2011) Prof. & Head Ophthalmology: Konaseema Institute,
Amalapuram, AP (until 2021) Guest Eye Surgeon: Germany (1996)

Innovation

Instituted award session on Innovations in Ophthalmology at EIZOCON

Interests

Global traveler, poet, writer, cultural heritage promoter

Literary Works

Travelogue: Mahodadhi Separe Play: Bana Padma Poetry: Bhumiru
Bhumaku

Research

Sickle Hemoglobinopathy, Rhinosporidiosis, Stem Cell Therapy; multiple
publications & presentations

Leadership

President, Odisha State Ophthalmological Society (OSOS) 2019–21

Quote

"Innovative ideas are the mother of many inventions and discoveries."

PROF. DR. UDHAB CHARAN BEHERA & PROF G S DAS INNOVATION AWARDEE



Dr. Rupesh Agrawal

Head of Research and Senior Consultant, NHG Eye Institute, NHG Health
Co-Head, Ocular Infections and Antimicrobials, Singapore Eye Research Institute (SERI)
Associate Professor, LKC School of Medicine, Nanyang Technological University
Associate Professor, Eye ACP Program, Duke NUS Medical School
Chief Investigator: PROTON, COIN; IGATES; OASIS; COTS
MD (Research) from UCL, London - on ocular blood flow and microfluidics
Harvard GCSRT Alumni; Stanford Digital Transformation Certificate; MIT Applied Data Science Certificate

Funding (Total funding secured: approx. 12.30 Million SGD)

NMRC: Program for Ocular Inflammation & Translational Research (PROTON): \$1.9M SGD
NMRC: Developing "Software as a Medical Device" (SaMD) from 3D vitreous-retinal-choroidal imaging modalities, to enhance the clinical management of uveitis: \$1.8M SGD
NMRC: Microbiome Profiling in Uveitis: A Roadmap to Precision Therapies and Immune Modulation: \$3.2M SGD

Collaborative Platforms

PROTON: Program for Ocular Inflammation & Infection Translational Research [<https://protonstudy.org/>]
COTS: Collaborative Ocular Tuberculosis Study (<https://ocular.tb.net/>)
OASIS: Ocular Autoimmune Systemic Inflammatory Infectious Study
COIN: Comprehensive Ocular Imaging Network [<https://www.ocularimaging.net/home>]
POC-DOC: Eye Doctor in A Pocket (<https://www.pocdoc.org/login>)
IGATES: Ocular Trauma (<https://igates.oculartrauma.com/land>)

Notable Publications (>40% publications in Q1 journal)

PMID: 37236420 (IF:14.7); 32603726 (IF:14.277); 32115264 (IF:14.277); 35764876 (IF: 4.456); 26868048 (IF: 4.997); 31927136 (IF: 14.7); 40862668 (IF:5.0); 40550324 (IF: 14.7); 39480402 (IF: 9.2)

Awards

Singapore Clinician Investigator Award by NHG Health, 2023
ASOT "Kuhn Laureatte Lecture" award 2024
ACSI Translational Medicine of the year Award, 2024
NHG Research Mentor of the year Award, 2021

Publications

*Zhang L, Rojas-Carabali W, Choo SS, Thng ZX, Lim YH, Lee B, Jun SW, Patnaik G, Biswas J, Agarwal A, Testi I, Mahajan S, Kempen JH, Smith JR, McCluskey P, Kon OM, Nguyen QD, Pavesio C, Gupta V, Agrawal R; Collaborative Ocular Tuberculosis Study (COTS) Group. Validation of the Online Collaborative Ocular Tuberculosis Study Calculator for Tubercular Uveitis. *JAMA Ophthalmol.* 2024 Dec 1;142(12):1140-1148. doi: 10.1001/jamaophthalmol.2024.4567. PMID: 39480402; PMCID: PMC11581623. (IF: 8.0)

*Thng ZX, Putera I, Testi I, Chan K, Westcott M, Chee SP, Dick AD, Kempen JH, Bodaghi B, Thorne JE, Barisani-Asenbauer T, de Smet MD, Smith JR, McCluskey P, La Distia Nora R, Jabs DA, de Boer JH, Sen HN, Goldstein DA, Khairallah M, Davis JL, Rosenbaum JT, Jones NP, Nguyen QD, Pavesio C, Agrawal R, Gupta V; TITAN consensus guidelines group. The Infectious Uveitis Treatment Algorithm Network (TITAN) Report 2-global current practice patterns for the management of Cytomegalovirus anterior uveitis. *Eye (Lond).* 2024 Jan;38(1):68-75. doi:10.1038/s41433-023-02631-8. Epub 2023 Jul 7. PMID: 37419958; PMCID: PMC10764804. (IF: 4.456)

*Thng ZX, Putera I, Testi I, Chan K, Westcott M, Chee SP, Dick AD, Kempen JH, Bodaghi B, Thorne JE, Barisani-Asenbauer T, de Smet MD, Smith JR, McCluskey P, La Distia Nora R, Jabs DA, de Boer JH, Sen HN, Goldstein DA, Khairallah M, Davis JL, Rosenbaum JT, Jones NP, Nguyen QD, Pavesio C, Agrawal R, Gupta V; TITAN consensus guidelines group. The Infectious Uveitis Treatment Algorithm Network (TITAN) Report 1-global current practice patterns for the management of Herpes Simplex Virus and Varicella Zoster Virus anterior uveitis. *Eye (Lond).* 2024 Jan;38(1):61-67. doi: 10.1038/s41433-023-02630-9. Epub 2023 Jul 7. PMID: 37419957; PMCID: PMC10764303. (IF: 4.456)

*Putera I, Schrijver B, Ten Berge JCEM, Gupta V, La Distia Nora R, Agrawal R, van Hagen PM, Rombach SM, Dik WA. The immune response in tubercular uveitis and its implications for treatment: From anti-tubercular treatment to host-directed therapies. *Prog Retin Eye Res.* 2023 Jul;95:101189. doi: 10.1016/j.preteyeres.2023.101189. Epub 2023 May 25. PMID: 37236420. (IF: 19.93)

Agrawal R, Testi I, Bodaghi B, Barisani-Asenbauer T, McCluskey P, Agarwal A, Kempen JH, Gupta A, Smith JR, de Smet MD, Yuen YS, Mahajan S, Kon OM, Nguyen QD,

Pavesio C, Gupta V; Collaborative Ocular Tuberculosis Study Consensus Group. Collaborative Ocular Tuberculosis Study Consensus Guidelines on the Management of Tubercular Uveitis-Report 2: Guidelines for Initiating Antitubercular Therapy in Anterior Uveitis, Intermediate Uveitis, Panuveitis, and Retinal Vasculitis. *Ophthalmology.* 2021 Feb;128(2):277-287. doi: 10.1016/j.ophtha.2020.06.052. Epub 2020 Jun 27. PMID: 32603726. (IF: 13.2)

Seah IYJ, Anderson DE, Kang AEZ, Wang L, Rao P, Young BE, Lye DC, Agrawal R. Assessing Viral Shedding and Infectivity of Tears in Coronavirus Disease 2019 (COVID-19) Patients. *Ophthalmology.* 2020 Jul;127(7):977-979. doi:10.1016/j.ophtha.2020.03.026. Epub 2020 Mar 24. PMID: 32291098; PMCID:PMC7151491. (IF: 13.2)

DR.AJITBABU MAJJI'S YOUNG ACHIEVER AWARD - OSOS



Dr. Ajit Babu Majji

Dr. Ajit Babu is a remarkable figure in the field of ophthalmology, known for his larger-than-life persona and profound humility. Currently serving as the Medical Director of Yashoda Hospital's Hitech City branch in Hyderabad, he is a beacon of dedication and excellence in vitreoretinal surgery. He earned MD in Ophthalmology from the prestigious Dr. Rajendra Prasad Centre for Ophthalmic Sciences at AIIMS, New Delhi, and furthered his expertise as a Research Fellow at the Wilmer Eye Institute, Johns Hopkins University.

With nearly two decades at the LV Prasad Eye Institute, he significantly advanced in the field, training a new generation of vitreoretinal surgeons both in India and internationally. His contributions include over 60 publications in peer-reviewed journals, reflecting his commitment to expanding ophthalmic knowledge. As a past president of the All India Ophthalmological Society, Dr. Majji has exemplified leadership and mentorship through out his career.

AWARDEE:

- Shall be aged 45 years or Younger on January 1st of the year of selection.
- Shall be born in Odisha, either working in the state or any where in the country (or) If born outside the state, must have served in Odisha for more than 10 years.
- Residing in Odisha or Outside Odisha.
- Must have 20+ Publications in Peer Reviewed Journals as Pre-requisite.
- Among shortlisted candidates, contribution to Ophthalmic Research and/or Social Responsibility shall be considered, along with Quality of publications and impact factor.

Award

Shall be given every Year

In case no Candidate is eligible, The OSOS Executive Committee will have the final power to decide to award to the nearest candidate or to defer awarding for the year, in consultation with Selection Committee.

Oration will be delivered in the Annual Conference of OSOS

The duration of the Oration shall be 15 Minutes [5 mins-Ophthalmic Journey of the Awardee and 10 mins on any special work done by the Awardee]

Award shall be presented during the Inaugural Ceremony, with Plaque and Certificate

The awardee will be given travel expenses, local hospitality and complimentary registration for the state annual conference in the year of award Presentation

Award shall be presented during the Inaugural Ceremony with Plaque and Certificate

Awardee

Nominations with Credentials (with Adequate proof), shall be called for the award in the month of January in the same year of the OSOS Annual Conference

Last date for submission of the Nomination shall be 30th of April in the same year

Applicants shall have to furnish bio-data

A write up as to why he/she should be selected for the award (less than 100 words)

His/her vision for himself for next 10 years (less than 100 words) criteria for selection committee

The members of selection Committee shall be from outside the state and non Odia.

The members of selection Committee shall be from different zones of the Country.

The members of selection Committee shall represent different subspecialties.

The members of selection Committee shall be of at least 15 years of experience in his/her subspecialty.

The nominations received shall be evaluated by the Judges and the scores of evaluation shall be returned to the scientific Committee office by 30th June of the same year.

The evaluations shall be tabulated and the final scores of the Candidates shall be forwarded to the executive body of OSOS, which shall announce the awardee by the 15th of July in the same year. This shall facilitate the awardee to attend the OSOS Annual conference.

Awardee shall be presented with Certificate and Plaque during the Inauguration.

Awardee shall attend the Annual conference and shall be allotted 15 Minutes to speak in the Oration's sessions, during the annual conference regarding "His Path of Achievements" [5 mins-Ophthalmic Journey of the Awardee and 10 mins regarding any special work done by the Awardee.

AWARDEES (Year Wise):

2023 : DR. PRAFULLA KUMAR MAHARANA

2024 : DR. CHITA RANJAN MISHRA

2025 : DR. BHAGABAT NAYAK

DR AJIT BABU MAJJI

YOUNG ACHIEVER'S AWARD, OSOCON 2025



Dr Bhagabat Nayak

E-Mail Address: bhagabat80@gmail.com,
ophthal_bhagabat@aiimsbhubaneswar.edu.in

Associate Professor (at AIIMS Bhubaneswar since Feb 2018 ...)

MD and Senior Residency from Dr R.P.Centre, AIIMS Delhi

Cataract, Glaucoma and Refractive surgery- Expertise(senior residency)

FAICO (Refractive Surgery), FRCS-2

Research Associate and Scientist Grade-1 in ICMR Project (2012)

17 Awards from national, state and international bodies including best paper, best poster and International Travel grant and quiz.

Participated in conferences of AIOS, DOS, GSI and WGC(World glaucoma congress)and OSOS-Multiple times as presenter, chairpersons and Reviewer to free papers.

Associate Editor: Odisha Journal of Ophthalmology (ODJO)

National advisory panel of Indian Journal of Ophthalmology

Reviewer - In 7 International journal and one state journal-Total 8

Projects- Worked in 13 projects of national and international repute, currently working in four extramural funded projects.

Thesis Guide- Total 5 times- 2 as chief guide and 3 as times Co-guide

Publications- Total 50(44PubMed and 6 Non-PubMed, but indexed)

He has 413 citation, his h-index = 10, and also his i10-index=10

Additional Contribution :

External panel committee member by Odisha Public Service Commission (OPSC) as the subject expert for Group A examinations by Odisha Govt, Contributed in the development of the syllabus contributing the Ophthalmology part for the new PG course the "Family Medicine" by NitiAyog, Govt of India in 2022. Recently he has an innovation on "double peak sign" which got copyright certificate from Intellectual property of Govt. of India. He is currently working as Institute Ethics committee (IEC) members for the faculty projects at AIIMSBhubaneswar. He has enhanced the glaucoma services, from clinical service to multi-dimensional awareness programs through newspaper, TV shows, community awareness program and research, and seminars at AIIMS Bhubaneswar for 8 years. His aim always is to contribute to the people of Odisha up to the international standard, always to the best of his ability and creating the next generation doctors by teaching the students and residents. He has chosen to work in Odisha despite multiple lucrative options from inside and outside country.

PROF.DR.CHHAYAKANTA MAHAPATRA **ORATION AWARD 2025**



Prof. Dr. Chhayakanta Mahapatra

Prof. Mahapatra, a distinguished veteran ophthalmologist, has dedicated his life to advancing eye care and medical education in Odisha. His journey began at Zila Parishad School in Puri, culminating in his graduation from SCB Medical College in 1965 and subsequent MS in Ophthalmology in 1970. As the Professor and Head of the Department of Ophthalmology at MKCG Medical College, Berhampur, from 1970 to 2000, he became a beacon of knowledge and compassion, known for his expertise in glaucoma and his commitment to nurturing future surgeons. He revolutionized postgraduate training through structured seminars, monthly examinations, and hands-on bedside teaching, setting a high standard for clinical education. His mentorship has shaped many successful ophthalmologists, reflecting his dedication to the field. A visionary leader, he actively contributed to the Orissa State Ophthalmological Society and envisioned departmental autonomy for MKCG, a goal that inspired future developments in Odisha's eye care landscape.

Beyond his clinical and academic contributions, Prof. Mahapatra is a prolific writer, authoring several acclaimed Odia shortstories, enriching both literature and the medical community. Recognized with the prestigious Gandhi Award in 1999, his legacy of excellence continues to inspire those who follow in his footsteps.

Award Details:

The award shall be given annually

Oration : The oration will be delivered at the Annual Conference of OSOS.

Duration : 15 minutes - 5 minutes on the awardee's Ophthalmic Journey and 10 minutes on special work done in Oculoplasty by the Orator

Presentation : The award will be presented during the Inaugural Ceremony, with a Plaque and Certificate.

Expenses : The awardee will receive travel expenses, local hospitality, and complimentary registration for the state annual conference in the year of the award presentation.

Awardee Selection Process:

Nominations : Nominations with credentials and adequate proof shall be called for the award in June of the same year as the OSOS Annual Conference.

The last date for submission of nominations is July 31st of the same year.

Applicants must furnish:

Biodata

Experience in Oculoplasty

The Selection Committee shall comprise:

President of OSOS

General Secretary of OSOS

Chairman Scientific Committee, OSOS

Two students of Prof. Chayyakanta Mahapatra, nominated by their forum. One of them will be the convenor of the committee and initiate the selection process. In their absence, any two senior members of OSOS, as nominated by the Chairman Scientific Committee, will assist in the selection.

2. The decision of majority of the selection committee will be final.

PROF.DR.CHHAYAKANTA MAHAPATRA

ORATION AWARDEE 2025



Dr. Usha Kim

MBBS, DO, DNB (Ophthalmology)
 Head - Orbit, Oculoplasty, Ocular Oncology & Ocular Prosthetics Services
 Professor, Aravind Eye Hospital & Postgraduate Institute of Ophthalmology, Madurai
 Regional Director - HR, Aravind Eye Care System
 Cell : +91 94870 75599 | usha@aravind.org

Awardee- Prof Dr Chayyakanta Mahapatra oration Professor Dr. Usha Kim

Profile :

A distinguished ophthalmologist with over two decades of leadership in orbital disorders, oculoplasty, ocular oncology, trauma reconstruction, and prosthetic rehabilitation. Founder of the Ring of Hope programme offering free treatment to more than 12,000 ocular cancer patients. Widely respected for advancing genetic research in Retinoblastoma and for mentoring the next generation of ophthalmic surgeons globally.

Professional Highlights :

Trainer & Mentor : Trained 129 ophthalmologists and 94 ocularists through national and international fellowships.

Community Leadership: Oversees 118 primary eye care centres, expanding equitable access across rural Tamil Nadu.

Publications: Author of 87 peer-reviewed papers, contributor to ophthalmology textbooks, and reviewer for the Indian Journal of Ophthalmology.

Innovator: Pioneered several reconstructive and rehabilitative approaches in anophthalmic socket management and ocular oncology.

Awards & Honours

Dr. M.K. Mehra Oration, KGMU Lucknow (2019) | Dr. R.H.P. Sinha Oration, Bihar Ophthalmic Society (2021), Platinum Award, Indian Journal of Ophthalmology (2021) | Best Paper, American Academy of Ophthalmology (2024), Dr. M.S. Boparai Oration, Ocular Trauma Society of India (2024) | Multiple AIOS Awards (2025), Exceptional Woman of Excellence, Women Economic Forum (2020) | Akshaya Seva Rathna Award, 2024

Core Expertise: Orbit | Oculoplasty | Ocular Oncology | Ocular Prosthetics | Genetic Research (Retinoblastoma) | Community Eye Care | Medical Education



BRAHMAPUR-THE SILK CITY OF SOUTHERN ODISHA : WHERE SILK MEETS SOUL

Prof BNR Subudhi

Chairman, Organising Committee.

Chairman, Ruby Eye Hospital, Berhampur

Brahmapur, also known as Berhampur, is a vibrant city nestled in the southern part of Odisha, India. Fondly referred to as the "Silk City," it is renowned for its exquisite handwoven Berhampuri silk sarees and stands as a cultural and commercial beacon in the region. With a rich historical legacy stretching from the ancient Kalinga empire to British colonial rule, Brahmapur exemplifies the harmonious coexistence of heritage and modernity.

The historical journey of Brahmapur begins with its association with the illustrious Kalinga kingdom, which flourished along India's eastern coast. The region played a pivotal role in maritime trade, connecting India with Southeast Asia and the Middle East. Nearby Jaugada, also known as Samapa, was a fortified city and provincial capital under the Mauryan Empire. The Ashokan edicts found here, dating back to the 3rd century BCE, underscore the region's significance following the transformative Kalinga War—an event that led Emperor Ashoka to embrace Buddhism.

During the medieval period, Brahmapur came under the rule of the Eastern Ganga and later the Gajapati dynasties. It was part of the Kalinga Dandapat, an administrative division that supported agriculture, inland trade, and coastal commerce. The city's cultural landscape began to take shape during this era, especially with the arrival of the Devanga weaver community in the 17th century. Invited by Raja Harihar Narayan Deo of the Mohuri Zamindari, these artisans migrated from Rajahmundry and introduced the art of weaving Berhampuri silk sarees—a tradition that continues to define the city's identity.

The British colonial period marked a turning point in Brahmapur's evolution. In 1766, the British East India Company gained control over southern Odisha, incorporating Brahmapur into the Madras Presidency. Initially headquartered at Potagarh, a devastating epidemic in 1815 prompted the relocation of civil and military establishments to Brahmapur, laying the foundation for its development as a military station and administrative center. Under British rule, the city saw the construction of military lines, hospitals, parade grounds, and European-style bungalows. It became the capital of the Mohuri Zamindari, although the zamindari system faced challenges. In 1850, the British auctioned the Mohuri estate due to unpaid taxes, replacing the traditional landholding system with the Ryotwari system, which allowed direct revenue collection from individual farmers.

Brahmapur's declaration as a municipality in 1867 attracted settlers and traders, particularly from neighboring Andhra Pradesh, contributing to its bilingual character with both Odia and Telugu widely spoken. The establishment of the Brahmapur railway station around 1900 enhanced connectivity and commercial significance. During World War II, the British utilized the Rangeilunda airstrip near the city, further cementing its strategic importance.

Trade and commerce have long been central to Brahmapur's identity. Its fame as the "Silk City" stems from the production of Berhampuri silk sarees, celebrated for their intricate craftsmanship and vibrant designs. These sarees are popular across India and exported internationally, making the textile industry a cornerstone of the local economy. The city also thrives in gold jewelry, handicrafts, and agricultural products such as rice, coconut, and spices. Its proximity to the Andhra Pradesh border and the nearby Gopalpur Port enhances its role as a commercial gateway.

Culturally, Brahmapur is a melting pot where diverse traditions converge. The Buddhi Thakurani Yatra, a grand biennial festival dedicated to Maa Budhi Thakurani, transforms the city into a vibrant tapestry of music, dance, and devotion. Temples such as the Tara Tarini Temple-one of India's major Shakti Peethas-and the Mahuri Kalua Temple nestled in the Kerandi hills add to the city's spiritual allure, drawing pilgrims from across the country.

In recent years, Brahmapur has witnessed significant urban development. It is home to several educational institutions, including Berhampur University, and has a growing presence in the IT and service sectors. Infrastructure continues to improve, with enhanced road connectivity, healthcare facilities, and retail markets. Local entrepreneurship thrives in textiles, food processing, and tourism. The scenic beauty of nearby destinations like Gopalpur Beach, Tampara Lake, and Chilika Lake positions Brahmapur as a potential hotspot for eco-tourism and hospitality ventures.

Brahmapur's journey from the ancient Kalinga empire to its present-day prominence is a testament to its resilience, adaptability, and enduring spirit. Its legacy of silk craftsmanship, cultural festivals, and strategic importance continues to shape its identity. As Brahmapur strides into the future, it carries with it the pride of its past and the promise of progress-a city where heritage and innovation walk hand in hand.

Jay Maa Budhi Thakurani

BNR Subudhi



FROM LANTERNS TO LAPTOPS : THE EVOLUTION OF OSOS - ANODE TO THE HEART AND HERITAGE OF OSOS; THE EYE THAT NEVER

Dr. Sharmistha Behera
Chairman Scientific Committee,
Odisha State Ophthalmological Society

If the Almighty ever opened a department for divine ophthalmology, He'd surely keep a desk reserved for OSOS, for no other society has seen so much vision and so many visions! What began humbly in 1969, when transparency meant clean classes, not governance, is now a registered, digitized, and democracy-driven body that could make even the Registrar of Societies shed a tear of pride (or relief).

The Founding Visionaries : When Ophthalmology Wore Grace, Not Glamour: Every legacy begins with its pioneers - and so did OSOS. Its foundation was laid by the illustrious Dr. Mahendra Chandra Mishra, Dr. Biswambar Rajguru, Dr. Udhava Charan Behera, Dr. S. N. Acharya, Dr. B.N. Das, Dr. B. Das, Dr. Chandi Das, Dr. Kulamani Mishra, Dr. Laxmikanta Mahapatra, and Dr. K. C. Padhi- later joined by stalwarts like Dr. R. C. Meher, Dr. S. C. Das, Dr. Indramoni Sahu, Dr. Chayyakanta Mahapatra, Dr. Kishore Chandra Mohanty, and Dr. Himansu Kumar Rajguru, among many others.

Those were the times when ophthalmologists carried ophthalmoscopes like swords of service, and the term "registration" meant an actual ledger, not a link. There was no Wi-Fi, but there was wisdom; no projectors, but plenty of projection! They built OSOS on humility, service, and scholarship. Meetings concluded not with refreshments served but with reverence preserved.

They believed that vision itself was divine, and the society they envisioned continues to reflect that sanctity and light.

A Note on Organizational Milestones: Beyond individuals, OSOS has shone through its organizational accomplishments that placed Odisha firmly on the national ophthalmic map.

AIOS Conferences Hosted in Odisha :

1972, Cuttack: under the visionary stewardship of Prof. M. C. Mishra and Prof. B. Rajguru, OSOS successfully hosted the prestigious AIOS Conference - a milestone moment that brought India's ophthalmic leaders to Odisha's heartland.

2005, Bhubaneswar: led by Prof. C. Das, Dr. B. K. Tripathy, and Dr. H. K. Rajguru, OSOS once again rose to the occasion, conducting a national-scale AIOS Conference that showcased both Odisha's hospitality and its advancing scientific calibre. EIZOC Conferences in Odisha: OSOS's active role extended to the Eastern India Zonal Ophthalmological Conferences (EIZOC) - hosted at regular intervals across decades, reflecting sustained leadership and teamwork:

1988-Bhubaneswar; 1995-Cuttack; 2000-Cuttack; 2005-Burla; 2007 - Bhubaneswar] 2012 - Puri; 2019 - Puri

Each of these gatherings bore the OSOS hallmark - academic excellence, warm camaraderie, and unyielding commitment to collective growth.

These were the days when ophthalmologists carried ophthalmoscopes like words, and the term "online registration" referred to standing in an actual queue. There was no Wi-Fi, but there was wisdom; no projector, but plenty of projection! They built OSOS on values of humility, service, and scholarship. Meetings ended not

with "refreshments served" but with "reverence preserved." They believed, quite literally, that vision is divine - and the society they envisioned continues to reflect their light.

The Torch Passes: New Eyes, New Ideas: Then came the dynamic ecades-when refractive corrections met reflective thought. The second generation of giants took charge - Dr B. N. R. Subudhi, Dr Sabyasachi Patnaik, Dr Ashok K. Nanda, Dr Manmath Mahapatra, Dr Bijaya Mohanty, Dr PKNanda, Dr Sumita Mahapatra, Dr PKVerma, Dr Indrani Rath (first Lady President OSOS), DrZKhan, DrGunasagarDas, DrSTMuralidhar; DrJayashree Dora, Dr Pushpa Kumari, Dr Subhabrata Parida; Dr Rita Dash; Youngsters- Dr GNRao, Dr Santosh Mahapatra, Dr Sanghamitra Kanungo, DrSuchetaParija, DrPKSharma - each add in galens of innovation to the OSOS microscope.

It was under Prof Dr Ashok K. Nanda that OSOS gained a new academic heartbeat - the three HALL's were born: Scientific Sessions that brought learning to fingertips,

Hands - on Instruction Courses; Hands-on Live Demonstrations - the holy trinity that made OSOS conferences more about practice than podium.

Soon after, Dr Anurag Mishra, a surgeon with caffeine in his veins and courage in his fingers, started the marathon of live surgeries - a spectacle that turned operating theatres into teaching temples. These sessions redefined surgical education at the state, national and international level, creating a name for KALINGA OPHTHALMOLOGY. in Odisha and gave the audience a front-row seat to mastery in motion.

Science Finds Its Soul: Dr Srikant Kumar Sahu and the Rise of Dakshata: When Dr Srikant Kumar Sahu entered the scene, he brought with him not just surgical skill but strategic insight. He realized that science without structure is like vision without focus. It was his idea that a dedicated team of Scientific Committee members was essential for sustained academic growth - a concept that transformed OSOS forever. From his vision emerged DAKSHATA, the skill-development initiative that bridged textbooks and tactile skill. It soon became the pride of OSOS - a hands-on movement that trained young ophthalmologists to see, think, and operate with precision. As someone aptly said, "If knowledge is the cornea, skill is the lens - and Dakshata keeps them both clear."

2023: When Ballots Met Bylaws: Then came the year that made history - 2023, the Sambalpur conference where OSOS finally decided that democracy deserved its day.

Thanks to Dr Jayashree Dora, who led this quiet revolution with the calm courage of a constitutionalist, OSOS held its first formal elections in the annual General Body meetingat Sambalpur conference.Under the president ship of Dr Subal Kishor Kar and the efficiency of Hon. General Secretary Dr Samir Kumar Patra, the Society opened its doors wider than ever. Opportunities for leadership development, AIOS teacher nominations, and student representation flourished. The invitation was clear-"If you have the will, OSOS will give you the way." For the first time, posts were not whispered in to existence but publicly contested. The organization, now had heartbeat and ballot box both. Democracy had arrived - and it wore PROGRESSIVES..

2024-2025: The Constitutional Cataract Surgery: But as any surgeon will tell you - after the opening, comes the cleaning, by mid-2024, the time had come for OSOS to polish its lenses - the Constitution itself. A committee of eight diligent members undertook what can only be described as the Society's most delicate surgery: constitutional amendment. For nearly a year, they lived and breathed the Societies Registration Act, their nights filled not with dreams but with clauses, commas, and consultations. Under the pragmatic leadership of Dr Srimanta Behera Pesident) and Dr Samir Kumar Patra (Hon. General Secretary), the amendment was ratified on 24 July 2025 by the Registrar of Societies, Dr Himanshu kumar Rajguru, Dr Ajit Babu Majji, Dr Ashok kumar Nanda, Dr Subal Kishor Kar, Dr BNR Subudhi and Dr Devi Aiswarya Das, a lady of unimpeachable integrity.

Of course, every new lens has its glare - debates, dissent, and the usual chorus of "Why now?" But revolutions, as history teaches us, are never convenient. As the saying goes, "If you' repleasing every one, you're not changing anything."The new Constitution now man dates that for annual registration renewal, the Society must produce audits for the past three years, ensuring transparency and exemption from tax. In short, OSOS

had finally achieved what few organizations manage - 20/20 financial vision.

2025: The Age of Accountability: Then came the present - the era of transparency and transition. Chief Election Commissioner Dr R. C. Meher took the reins of a process that could have unnerved lesser mortals. Amid debates louder than a phaco machine and storms fiercer than the monsoon, he stood tall- unbending, unbothered, and utterly constitutional like PURUSHOTTAM SRI RAM. For the first time in OSOS history, elections went online - ballots met broadband. It wasn't just a step forward; it was a quantum leap. And through it all, Dr Meher kept his calm, proving that the pen (or password) is mightier than the protest.

Mean while, behind the curtains of paper work and policy, two unsung heroes-Dr Samir Kumar Patra and Dr Jaiesh Toppo, kept OSOS's administrative arteries unclogged. One a visionary, the other a master of GST and IT laws, they turned bureaucracy into an art form. If diligence had a face, it would probably wear progressives and carry a ledger. The TRIO- Dr Srimanta Behera, Dr Samir Kumar Patra and Dr Jaiesh Toppo, also kept the scattered property of OSOS in a single FD of acrore which would fetch approximately 7.5 lakhs every year June for various OSOS activities.

Mentorship and Moral Optics: Through all the changes, the guiding hands of Dr H.K.Rajguru and Dr Ajit Babu Majji never ceased to shape the Society's conscience. Their men to rship as been the corneal clarity that kept OSOS seeing straight, even when internal astigmatism threatened focus. Both have served as luminaries - reminding us that while microscopes magnify, mentors illuminate.

The Journey of the Journal: Pages of Pride and Perseverance, No history of OSOS is complete without saluting its scholarly mirror - the Odisha State Ophthalmological Journal (ODJO). It has been a saga of patience, perseverance, and print deadlines that could make even editors meditate. "Never too late to get indexed" became its unofficial motto, carried forward by rock-steady pillars - Dr. Ashok Kumar Nanda, Dr. B. N. R. Subudhi, Dr. Sabyasachi Patnaik, Dr. Sujata Das, Dr. Naresh Desinayak, Dr. Santosh Mahapatra and now the ever-dedicated Dr. Chitaranjan Mishra. With reviewers like Dr. Devi Aiswarya Das, Dr. Ravindra, Dr. Ruby, me (a humble note), the journal's quality has sharpened like a well-focus ed slit lamp beam. From humble staple beginning to an indexed aspiration, ODJO has proved that "slow and steady wins the print run" - and that good science, like fine surgery, always finds its spotlight.

Humour in Hindsight: Looking back, one cannot help but smile. From handwritten registers to online elections, from chalkboards to dashboards, OSOS has indeed evolved from lanterns to laptops. What began as a small gathering of like-minded visionaries is now a vibrant, rule-bound, tax-compliant, academically buzzing fraternity. We've seen ophthalmologists who once hesitated to use email now logging in for voting faster than interns check WhatsApp! Indeed, OSOS has proven that change doesn't need permission - only purpose.

Through the Lens of Time: The evolution of OSOS is not just the story of an institution ; it's the reflection of a community that learned to grow without losing grace. And through every twist and turn, one truth remains यत्र धर्मः तत्र जयः Yatra Dharma Tatra Jaya - Where the righteous, there is victory." So here's to OSOS - the eye that never blinked, the vision that never blurred, and the family that, despite every debate, remains together in purpose and pride. Long live my dear family - OSOS.

Bande Utkala Janani.

FOREWORD



Dr. Srimant Behera
President OSOS

The senior members of Ophthalmology of the state of Orissa (the old spelling, later changed to Odisha), led by Prof.M.C.Mishra , Prof.B.Rajguru, Prof.K.Mishra, Prof.U.C.Behera and others had taken the initiative to establish the Orissa State Ophthalmological Society in 1969, which was formally registered with the Government of Odisha under the SOCIETIES REGISTRATION ACT, 1860 (vide Regd. No 5874/74 of 1970- 71)

PRESENT SCENARIO : The above mentioned SOCIETIES REGISTRATION ACT, 1860 was amended vide Act No 10 of 2021 / dt 13-05-2021 .It became imperative legally to renew the registration of the Society (OSOS) and to incorporate many changes which had taken place from the time of the establishment of the society in 1969 and at the same time follow the various provisions of the different Rules of the amended SRA of 2021 .

Hence through a resolution passed in the General Body meeting held in November 2023 during the 39th Annual OSOCON at Sambalpur ,Dr.Jayasree Dora (the then President of the Society) constituted a committee to draft the amendments to the original Constitution (Memorandum and Articles of the Society and General Rules).

The committee consisted of Dr.Subal K. Kar , Dr.SrimantaK.Behera , Dr.Ajit Babu Majji, Dr,HimansuK.Rajguru, Dr.BNR Subudhi, Dr.AshokK.Nanda, Dr.SamirK.Patra and Dr. Devi Aiswarya Das. They completed the task and the draft of the amended Constitution of the Society was approved after thorough discussion in the GB meeting held during the 3rd Mid-con of OSOS in June 2024 at Bhubaneswar. A second confirmation of the draft was done through a special online GB as specified in the SRA.

The amended Constitution was duly submitted to the Registrar along with all required documents for official approval and due acknowledgement. The due acknowledgement has been received on 24th day of July 2025.

FUTURE ACTION : All amendments to the Constitution and the Bye-laws which may be necessary in the future shall be done in accordance with the relevant provisions of the SRA and notified to the Registrar for approval and acknowledgement.

REFERENCE : (1) Memorandum and Articles of the Society and General Rules / Orissa State Ophthalmological Society, Cuttack / Established 1969 (Regd No 5874/74 of 1970 -71) (2) Acknowledgement of Amendment of Society, Form 3 (see Rule 9(1))/ Act XXI of 1860 : No 5874/75 of 2017 - 2018 / dated 24th July 2025.



Dr. H.K. Rajguru
Ex President OSOS

MEMORY OF A HECTIC DAY - HALF A CENTURY BACK

INTRODUCTION :

The following article describes (with nostalgia and humour) the events which took place more than 50 years back in the Dept. of Ophthalmology, MKCG Medical College, Berhampur in August 1975. The author had joined there as a RHS (Resident House Surgeon with a monthly stipend of Rs 330/- only).

MATERIALS & METHOD :

It was the D-Day for the two 1st batch PG students (Dr. NPM and Dr. KBR) of the department who were appearing for their Clinical, Practical & Viva Examinations - the final frontier to be crossed to acquire the coveted M.S (Ophthalmology) Degree from Berhampur University. All the staff and all the fellow PG students were excited to be a part of this momentous occasion and so was this author.

In those days the rules permitted one Internal (Prof.UCB) and two Externals (Prof.MCM and Prof. Rao) who duly arrived in the department and started the proceedings with the active cooperation of the junior staff (Dr. CKM, Dr. KCM and others) and the rest of the PG students (Dr. SKD, Dr. DM, Dr. N.D, Dr. EJR, Dr. GDD, Dr. NP, Dr. RNB). The author was entrusted with the prestigious and pleasant task of looking after the serving of refreshments to the examiners sitting in the room of the HOD.

OBSERVATION :

The examinees as expected were tense but carrying out the procedures diligently, and looking for guidance from the lecturers with a silent nod of the head or an encouraging smile. **MEMORY OF A HECTIC DAY --- HALF A CENTURY BACK**

SURPRISE ! SURPRISE ! A middle- aged portly gentleman carrying a suitcase entered into the examination hall. All the 3 examiners and all of us were surprised to see him intruding into the space . He looked a bit grave and annoyed and introduced himself - " I am Prof. DBC from Indore appointed by MCI as the Inspector for this first M.S Examination of this Institution and this University . I had sent a letter to the HOD earlier. Nobody came to the railway station to receive me. I hired a rickshaw to come to this place and discharge my duties ". Prof. UCB had apparently not received any letter or information about the visit of the Inspector and immediately apologised profusely. Dr. CKM and Dr. KCM took him to a hotel and after sometime he rejoined the proceedings and keenly observed the examination process.

The External Examiner from the south (I don't remember exactly) was quite strict in examining the two candidates and asking questions regularly and keeping a very close watch on both of them during each aspect of the examinations.

LUNCH BREAK : The lunch was arranged in Hotel Oberoi, Gopalpur-on-sea (a long history associated with this hotel and the owner Rai Bahadur M.S. Oberoi). This hotel had an aura and old world charm of pre-independence British glory. All of us went there to be seated around a long dining table to be served by waiters

wearing liveries and serving dishes and different courses following some ritualistic order. Some of us junior PGs including this author did not shy away from demanding second and third helping of some dish till we received a glaring look from our boss, giving the hint --- "Enough. We need to go back to finish the Viva and the usual paper work"

OBSERVATION :

The bulk of the examination was over in the pre-lunch session and the viva was duly conducted in the post-lunch session. There still was a grave, sombre atmosphere prevailing in the examination hall. The two externals taking turns to ask questions from various topics. The Internal (HOD, Prof UCB) who himself was a student of External (Prof. MCM) was mostly sitting quietly and keeping a hawk" s eye on the proceedings. He had strictly instructed the author on the previous day to remain inside the examination room and to keenly observe everything that transpired in that room - the questions asked, the replies given, the reaction of the examiners, the posture and body language of all involved - the **MEMORY OF A HECTIC DAY - HALF A CENTURY BACK**

whole package. He had emphasised how this will help us when we, the juniors would appear for our own examinations in future.

The inspector, who was placated by now was also in a fairly good mood and conversing with the other examiners. The other senior staff of the department (Dr. BND, Dr. AKM, Dr. Y.S and Dr. KM) who were managing the OPD during the pre-lunch session had joined the lunch at Gopalpur and then were also present in an adjoining room in the post-lunch session.

Finally the examination came to a close in the afternoon and all the paperworks were done . We were asked to leave the room and the examiners deliberated regarding the RESULT in the proper confidential manner. The result was duly signed and put inside the special envelopes supplied by the University ,sealed and stamped with a wax seal.

SUMMARY & CONCLUSION :

The examiners took their leave from the examination hall and the department, All of us were asking the same question - " what was the result ??"

We got the answer the next day only - " Sorry . 50% result "

{ One examinee had missed a small deep vascularisation of the cornea in his long case and the examiner gave him another chance to have another look at the cornea. He again failed to see the deep vessel and could not correct his mistake. }.

Yes, he failed and got through the next year. It may now appear to be harsh or unusual but 50 years back - that was the norm. Who am I to pass any judgement NOW ?

POSTSCRIPT :

All the names are described with their initials only to protect their privacy. The author expresses sincere apology for missing any names or incidences --- it is more than 50 years after all. No intention to hurt anybody's feelings. **MEMORY OF A HECTIC DAY --- HALF A CENTURY BACK**

This description of that one hectic day did teach me a lot of things and the author has progressed from being a PG student and examinee to being a teacher and Examiner himself. The author hopes he has rekindled the fond memories of all readers who graciously read this article.

THANK YOU



VISION PROBLEMS IN CHILDREN TO BE DETECTED EARLY

Dr K Ratan Kumar
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Vasani-ASG Eye Hospitals, Hyderabad

It has been observed that many children joining pre-school or school have refractive errors leading to vision problems for seeing distance and near objects.

Although, many parents are having refractive problems and are using spectacles but they are ignorant that their children may be affected with the same vision problems and need Glasses.

Some children who are born premature may have vision issue sandal so maybe having congenital cataract, Retinopathy of Prematurity (ROP) Or squint leading to vision loss.

Some may have Squinting of the eyes from birth where we need to identify the cause (Refractive errors being a commonest cause)

Consanguineous marriages may also lead to refractive problems in children, squint and other congenital diseases.

It has also been observed that many children come for eye examination at their 10th or

Intermediate exams time which should have been consulted during early years of entry in to schools.

Parents and teachers should keep a constant vigil on their children both at home and in school so that any vision problems can be detected early.

Children may have Refractive problems, Squint, Congenital Cataract, Tumors, Retinopathy of prematurity (ROP) and Congenital abnormalities. They may have one eye refractive issues (Anisometropia) which leads to Amblyopia in that eye. Both children and parents may not be aware of this problem which leads to low vision or blindness.

Retinopathy of Prematurity (ROP), Many children are born premature (Preterm) babies. These children may have ROP since birth. They need an early screening and treatment to prevent

Complications of ROP. Timely diagnosis and intervention by either intravitreal injections, Laser therapy or Surgery can prevent vision threatening issues. ROP screening is a must in babies born premature. General public and hospitals need this awareness while babies are delivered.

Some children have congenital Glaucoma at birth and if not detected early will lead to

Irreversible blindness. This condition can be treated with medication and surgery to prevent complete vision loss.

Many children have squint from birth and due to parents' myths and beliefs they do not consult an eye specialist early which leads to Vision loss or amblyopia. Parents awareness and school teachers' education in this regard is an essential activity for the eye hospitals to help the society.

Surgery to correct the squint or prescription of glasses at the appropriate time can help the child to lead a healthy life.

With the advent of digitalization in schools and colleges children are exposed to more digital

Board and laptop screens. This is causing eyestrain, burning sensation and watering in the eyes. Many children complain of headache, itching and redness in eyes. All these leading to refractive problems and Dry eyes.

Many children are not playing outdoor games or participating in outdoor activities as they are getting more involved and spending more on screen time and mobile phone activity. Many

Parents complain that their children are spending more time indoors. Being an ophthalmologist, we need to explain to parents, school teachers and children the ill effects of

long time use in digital gadgets. All need to be taught to follow 20-20-20 rule while using the digital screen for long hours.

The present generation are more interested in playing games on digital boards or Television and the outdoor activities are fading away. The modernization of digitalization is having a negative impact leading to vision problems in children.

The parents should get an ophthalmologist opinion before getting their children admitted in schools. This will sort out many sight issues early and save the child from losing vision or developing Amblyopia (lazy eye)

General public should be aware of getting their children tested and investigated early and benefit from appropriate spectacles, medication or Surgery.

Above problems should be identified early and appropriate treatment or Glasses need to be prescribed so that the child's eye have good vision. If neglected it may lead to Amblyopia (lazy eye) which is difficult to treat.

Modern technology and investigation facility, can give 100% success in children having cataract, squint or Duct issues.

All these need a proper examination by an ophthalmologist and the Eye hospital which have all the expertise to treat, advise or do surgery.

In Conclusion, modern technology and treatment facility along with surgical procedure can prevent, cure many issues in children. Intervention and management of vision problems in children at the appropriate time prevents many problems.

Let us all spread this awareness to the schools and society at large.

All Parents should take advantage and get their children eye check either before entry to school or in the early years. Good vision isn't just about seeing clearly, it affects how the child learns, play and develops. The earlier we find vision problems, the easier they are to treat.



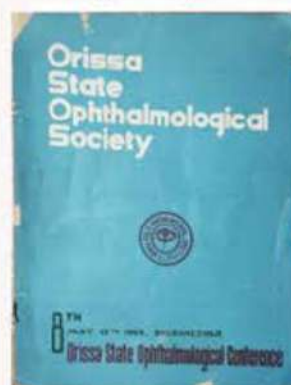
THE EVOLUTION OF THE OSOS LOGO : A VISUAL JOURNEY THROUGH FIVE DECADES

Dr Himanshu Kumar Rajguru

The Odisha State Ophthalmological Society (OSOS) stands as an affirmation to the evolution of medical professionalism in eastern India. Established in 1969, this pioneering organization has witnessed remarkable transformations not just in ophthalmological practice, but also in its visual identity¹. The society's logo has undergone several fascinating iterations over five decades, each reflecting the technological capabilities, artistic sensibilities, and professional aspirations of its era.

When OSOS was founded in 1969, India's medical landscape was experiencing unprecedented growth. State-level medical societies were emerging as crucial platforms for regional professionals to collaborate and advance their specialties². The founding members of OSOS recognized the need for a distinctive visual identity that would represent their commitment to advancing eye care in Odisha.

One historical socio-political situation which was prevalent in those pre-independence days need to be highlighted. Central parts of Odisha depended on Bihar for higher education --- Patna and Darbhanga for Medical education including PG in Ophthalmology till the late 60's. Hence the logo of Bihar Ophthalmological Society was modified by the founders of OSOS as our first logo.



The earliest logo of OSOS remains shrouded in historical mystery. Documentary evidence from the organization's founding period is sparse, and institutional memory regarding the original visual identity has faded over the decades. What emerges from available accounts suggests that the initial logo bore striking similarities to the Bihar Ophthalmological Society's emblem, indicating a pattern of visual inspiration that was common among emerging professional organizations of that era³.

from 1969 to 1986

This phenomenon of logo adaptation between sister organizations reflected practical realities faced by newly formed medical societies. Limited resources, lack of specialized design expertise, and the urgency to establish professional credibility often led organizations to adopt proven visual elements from established institutions. The Bihar Ophthalmological Society, established in 1944, had already created institutional precedents that newer societies could emulate².

The practice of borrowing or adapting design elements, while raising questions about originality, served the pragmatic purpose of immediate visual recognition and professional legitimacy. In an era when graphic



design services were limited and expensive, medical organizations often relied on such adaptive strategies to establish their institutional presence quickly and effectively.

The mid-1980s marked a pivotal transformation in OSOS's visual identity. Around 1985-1986, Dr. Himanshu Kumar Rajguru, a prominent member of the society, took the initiative to create an original logo design. This period represented a significant shift from potential external inspiration to indigenous creative expression, reflecting the society's growing confidence and desire for unique institutional identity.

Dr. Rajguru's initial design, though described as crude in its preliminary form, represented the hands-on approach that characterized many medical professionals of that era, who often took on roles beyond their primary medical practice to advance their organizations.

The 1980s witnessed increased awareness of graphic design and corporate identity in India, influenced by economic liberalization and exposure to international design standards. Medical organizations, including OSOS, began recognizing the importance of distinctive visual identity in establishing professional credibility and institutional recognition. Dr. Rajguru's initiative aligned with these broader cultural shifts toward original institutional branding.

New logo in 1987

The transformation of Dr. Rajguru's initial concept into a polished logo involved crucial collaboration with Mr. Subudhi, an artist and photographer associated with the Pathology department of MKCG Medical College, Berhampur. This partnership represents a significant moment in the logo's evolution, demonstrating the interdisciplinary approach that often characterizes successful institutional design projects.

As a professional, Mr. Subudhi artist working within the medical college environment, he possessed both the technical skills necessary for logo refinement and the contextual understanding of medical institutional needs. He translated Dr. Rajguru's conceptual vision into a refined, professionally acceptable logo.



1980s onward, the society's logo underwent various modifications and refinements. The involvement of printing press artists, equipped with emerging computer graphics technology, introduced new possibilities for logo refinement, color variation, and improved reproducibility.

1994 - with different colour combination

1995 : Another colour - same design



2000 : logo with Green Odisha map

2019 : logo with different lay out

2023 : New design with logo pushed to a corner.

Subsequent modifications and refinements were executed by unnamed artists working within commercial printing establishments. These adaptations ensure that the current logo remains functional and relevant in an increasingly digital professional environment while maintaining connection to its historical foundations.



The uncertainty surrounding the original logo, partial documentation of Dr. Rajguru's contributions, and complete anonymity of recent modifications demonstrate how easily institutional history can be lost without systematic documentation efforts.

The logo's transformation from 1969 to the present reflects OSOS's journey from regional medical organization to established professional institution, maintaining relevance across changing technological and professional landscapes.

As OSOS continues to evolve in the digital age, its logo will undoubtedly undergo further refinements. The challenge for future organizational leaders will be maintaining connection to the society's historical foundations while ensuring continued relevance in an increasingly complex professional communication environment. The lessons learned from five decades of logo evolution provide valuable

guidance for navigating these future challenges while honoring all contributors who helped shape the organization's distinctive visual identity.

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Compiled by Dr Sharmistha Behera, CSC, OSOS, 2025



କର୍ମରହସ୍ୟ



Dr. Nirubala Pattnaik

ଭୌତିକ ଜଗତରେ କର୍ମ ହିଁ ପ୍ରଧାନ । ସୃଷ୍ଟିର ଆରମ୍ଭରୁ ମନୁଷ୍ୟ କର୍ମକରି ହିଁ ବଞ୍ଚି ରହିଛି । ଗୀତାରେ ଭଗବାନ ଶ୍ରୀକୃଷ୍ଣ କହିଛନ୍ତି ନାହିଁ କର୍ଣ୍ଣ ଶ୍ରୀ ଅପି-ଯତୁ ତିଷ୍ଠତି ଅକର୍ମ କୃତ । ୮୪ ଲକ୍ଷ୍ୟ ଯୋନିରେ ଭ୍ରମଣ କଲା ପରେ ଅଗଣିତ ପୁଣ୍ୟ ଫଳରେ ତଥା ଜପ, ତପ, ଦାନ ଓ ନିଷ୍କାମ କର୍ମର ଫଳ ସ୍ବରୂପ ମନୁଷ୍ୟକୁ ଉଚ୍ଚକୃଳ ଓ ସମ୍ପନ୍ନ ପରିବାରରେ ଜନ୍ମ ମିଳେ ।

ଏହି ଶରୀର ରୂପି ବୃକ୍ଷରେ ଦୁଇଟି ପକ୍ଷୀ ଆତ୍ମାପକ୍ଷୀ ଓ ଜୀବ ପକ୍ଷୀ ବାସ କରନ୍ତି । ଜୀବ ପକ୍ଷୀ ଶୁଭ ଅଶୁଭ କର୍ମକରି ତାର ଫଳଭୋଗ କରେ । କିନ୍ତୁ ଆତ୍ମାପକ୍ଷୀ ଦୁଃଖ ହୋଇ ସବୁ ଦେଖୁଥାଏ । ଜୀବ ପକ୍ଷୀ ଶୁଭ ଅଶୁଭ କର୍ମକରି ଫଳ ଭୋଗକରେ ଏବଂ ଅହଂକାର କରେ ଯେ ମୁଁ କରୁଛି ବା କରିଛି ।

ଦଶ ଇନ୍ଦ୍ରିୟମାନଙ୍କ ଦ୍ବାରା ସ୍ବାଭାବିକ ଭାବରେ ସମସ୍ତ କର୍ମ ହେଉଥିଲେ ମଧ୍ୟ ମନୁଷ୍ୟ ଅହଂକାର ବଶତଃ ନିଜକୁ କର୍ମୀ ମନେକରେ ଏବଂ ପ୍ରତି ମୁହୂର୍ତ୍ତରେ ପ୍ରତ୍ୟେକ କାର୍ଯ୍ୟ ଇଶ୍ବରଙ୍କ ନିର୍ଦ୍ଦେଶ ମତେ ହୋଇଥିଲେ ହେଁ, ମନୁଷ୍ୟ ଗର୍ବକରେ, ନିଜକୁ କର୍ମୀ ବୋଲି ଭାବେ । ଗୀତାରେ ଶ୍ରୀକୃଷ୍ଣ କହିଛନ୍ତି :-

“ପ୍ରକୃତେ କ୍ରିୟମାଣାନି ଗୁଣୈଃ କର୍ମାଣି ସର୍ବଣଃ ଅହଂକାର ବିମୁତାମ୍ବା କର୍ମୀ ଅହଂ ଇତି ମନ୍ୟତେ”, ଏହି ଅଜ୍ଞାନ ଯୋଗୁଁ ତାର ଫଳ ଭୋଗକରେ । ଉଦାହରଣ ସ୍ବରୂପ ରାବଣର ଦର୍ପ ଯୋଗୁଁ ହତ ଓ ଦାନୀ ବୋଲି ଗର୍ବ କରି ବଳୀ ପାତାଳୀ ହେବା । କର୍ମଫଳ ଜୀବନର ଏକ ସ୍ଥାନରୁ ଅନ୍ୟ ସ୍ଥାନକୁ ବା ଏକ ସମୟରୁ ଅନ୍ୟ ସମୟକୁ ଅପେକ୍ଷା କରିଥାଏ । କେତେକ ସ୍ଥଳରେ ଆଗତ ଜନ୍ମ ପର୍ଯ୍ୟନ୍ତ ଅପେକ୍ଷା କରିଥାଏ । କର୍ମର ମହାପ୍ରସାଦ ସୁଖ ବା ଦୁଃଖ ରୂପେ ପ୍ରାପ୍ତ ହୋଇଥାଏ । କର୍ମ ରାଶିର ନିର୍ଭୁଲ ଅଙ୍କ କଷାକଷୀ ପରେ ଫଳଭୋଗ ବ୍ୟବସ୍ଥା ନିର୍ଭୁଲ, ନିରପେକ୍ଷ ଭାବେ ଭଗବାନ ସ୍ଥିର କରିଥାନ୍ତି ।

ଜୀବନରେ ଆମେ ଯେତେ କ୍ରିୟା କରୁ ତାହା କର୍ମରେ ରୂପାନ୍ତରିତ ହୋଇଥାଏ । ଅହଂକାର ସହିତ ବା ନିଷ୍କାମ ନିରହଂକାରରେ ଯାହା କର୍ମ କରୁ ତାହା ବିହନ ରୂପେ କର୍ମ ଅଳୀରେ ସାଜି ଚାଲି ରହେ । ବିହନ ଅନୁସାରେ ଭଲ ବା ମନ୍ଦ ଫଳ ଆଦାୟ ହୁଏ । କର୍ମଫଳ ଆସନ୍ତାକାଲି ସପ୍ତାହେ, ମାସେ, ବର୍ଷେ, ଆସନ୍ତା ଜନ୍ମରେ ବା ଆସନ୍ତା ଯୁଗରେ ଭୋଗିବାକୁ ପଡେ ।

କର୍ମଫଳ ପାଇଁ ବିଧାତାଙ୍କୁ ନିନ୍ଦାକରିବା ଉଚିତ୍ ନୁହେଁ । ଯେପରି ବୁଣିବେ ସେପରି କାଟିବେ । ଶ୍ରୀକୃଷ୍ଣଙ୍କର ଜରାଗବର ଦ୍ବାରା ଶରବିଜ ତାର ଉଦାହରଣ ।

କର୍ମର ପ୍ରକାରଭେଦ :-

କର୍ମ :- ଯାହା ଶାସ୍ତ୍ର ଓ ବିଦି ସମ୍ମତ

ଅକର୍ମ - ନିଷ୍ଠାମ କର୍ମ କୌଣସି ଆଶା ନ ରଖି ଭଗବତ୍ ଉଦ୍ଦେଶ୍ୟରେ କରିବା କର୍ମ ।

ବିକର୍ମ - ନିଷିଦ୍ଧ କର୍ମ - ମନ୍ଦ ବୋଲି ଜାଣି ମଧ୍ୟ କରିବା କର୍ମ ।

ସଂତକର୍ମ - ମୂଳ ସଂସ୍କୃତ ଅର୍ଥ ସଂଗ୍ରହ କରିବା । ଶାରିରୀକ ମାନସିକ ଓ ବାଚିକ କର୍ମ ଫଳର ମୋଟ ପରିମାଣ ଜମାପୁଞ୍ଜି, ଯେପରି ବ୍ୟାଙ୍କରେ ସଂତହୋଇ ରହେ, ସେପରି ଅନେକ ଜନ୍ମର ସଂତକର୍ମ ।

କ୍ରୀୟମାଣ - ଏହି ଜନ୍ମରେ କରୁଥିବା ଶୁଭ, ଅଶୁଭ କର୍ମ ହେଉଛି କ୍ରୀୟମାଣକର୍ମ ।

ପ୍ରାରବ୍ଧ :- ସଂତରୁ ଏହି ଜନ୍ମରେ ଫଳଭୋଗ, ଶୀଘ୍ର ବା ବିଳମ୍ବରେ, ଭୋଗୁଥିବା କର୍ମର ଫଳଭୋଗ ।

ନିତ୍ୟକର୍ମ :- ପ୍ରତିଦିନକର୍ମ, ନୈମିତ୍ତିକ କର୍ମ :- ଅତିଥି ଓ ସନ୍ତୁସେବା ।

କାମ୍ୟକର୍ମ :- ଫଳ ଉଦ୍ଦେଶ୍ୟରୁ କରିଥିବା ଉଚିତ୍‌କର୍ମ ।

ବ୍ରହ୍ମକର୍ମ :- ମୁକ୍ତି ଓ ଭଗବତ୍ ଉଦ୍ଦେଶ୍ୟରେ କରୁଥିବା କର୍ମ ।

ପ୍ରାବକ୍ଷର ପ୍ରକାରଭେଦ :- ଇଚ୍ଛାପ୍ରାରବ୍ଧ - ହିଂସା, ଛଳ, କପଟ ଦ୍ଵାରା ଯେଉଁ କର୍ମ କରାଯାଏ ତାର ଫଳ ଭୋଗହୁଏ ।

ପରେଚ୍ଛା :- ଦରକାର ବେଳେ ଅନ୍ୟକୁ ସାହାଯ୍ୟ ନ କରିଲେ ଯେଉଁ ଫଳ ଭୋଗ ହୁଏ ।

ବଳବ ର ପ୍ରାରବ୍ଧ :- କର୍ମଫଳ ଭୋଗିବାକୁ ବାଧ୍ୟ - ତାହାର ଉଦାହରଣ ଭୀଷ୍ମଙ୍କ ଶରଣଯ୍ୟା ।

ବାଚିକକର୍ମ :- ଅର୍ଥାତ୍ ବୋଲିଦେବା ଅତି ଉତ୍ତମକର କର୍ମ, ଧନୁଶର ଠାରୁ ମଧ୍ୟ ଅତି ତୀକ୍ଷ୍ଣ- ଯେପରି ଦ୍ରୌପଦୀଙ୍କର ପଦେ ବ୍ୟଙ୍ଗ କଥାରେ ଦୂର୍ଯ୍ୟୋଧନଙ୍କ ମହାଭାରତ ଯୁଦ୍ଧ ସୃଷ୍ଟି । ବର୍ତ୍ତମାନ ଆମର ପରିସ୍ଥିତି ପରିବେଶ ପରିବାର ସବୁ ଅର୍ଜିତ କର୍ମର ପ୍ରାରବ୍ଧ ଫଳ ଏଇଥି ପାଇଁ ଭଗବାନ ଦାୟୀ ନୁହଁନ୍ତି । ଗୋଟିଏ ପରିବାରରେ ଜଣେ ସନ୍ତାନ ତାତ୍ତ୍ଵର, ଅନ୍ୟ ଜଣେ ସୁସ୍ଥ, ସୁନ୍ଦର, ଅନ୍ୟଜଣେ ଅଶିକ୍ଷିତ ଆଉଜଣେ ବିକଳାଙ୍ଗ - ଏହା ହିଁ ପ୍ରାରବ୍ଧ ଫଳଭୋଗ - କର୍ମ ଓ କର୍ମଫଳ ଓତଃପ୍ରେତଃ ଭାବେ ଜଡ଼ିତ, ଭୋଗିବାକୁ ବାଧ୍ୟ ।

ଇଶ୍ଵର ଅର୍ପିତ, ଅହଙ୍କାର ବିହୀନ ଦୟାର୍ଦ୍ଦ୍ଵଦୟରେ ଲୋଭ ଦମନପରି, ପର ଆପଣା ଭେଦ ନ ରଖି କର୍ମ କଲେ ଭଲ କର୍ମଫଳ ମିଳେ କାରଣ (ଇଶ୍ଵର ସର୍ବଭୂତାନ୍ତଃ ହୃଦଦେଶେ ଅର୍ଜୁନ ଚିଷ୍ଟି) ଅର୍ଥାତ୍ ସବୁ ଜୀବରେ ଏକମାତ୍ର ଭଗବାନ ଆଧାତି । ସୁଖ ଓ ଦୁଃଖକୁ ସମଭାବେ ଗ୍ରହଣ କଲେ ଓ ଇଶ୍ଵର ଯାହା କରନ୍ତି ପ୍ରାଣୀର ମଙ୍ଗଳ ସକାଶେ ଭାବିଲେ ଶାନ୍ତିମିଳେ ।
जब जायेंगे यहां से कुछभीन पासहोगा दो गजका कपडा बह भी न पासहोगा, जब जानते हैं अन्तिम मरघट में बासहोगा । क्यों हम् किसे लुट्कर अपना महल बनाए । जब जायेंगे यहां से पडे रहेंगे यहां सब धन कोष अर कन्चन ।

“ଓଁ ନମଃ ଭଗବତେ ବାସୁଦେବାୟ”



HEALTH FIRST: BUILDING A SUSTAINABLE CAREER IN OPHTHALMOLOGY

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Health First : Building a Sustainable Career in Ophthalmology

Establishing oneself after post-graduation in ophthalmology is rarely straightforward. Whatever subspecialty one chooses, the learning curve is steep, competition is intense, and family responsibilities often arrive at the same time. Add the constant comparisons fueled by social media, and health-both physical and mental-often slips down the priority list.

The demands of the specialty are unique. Hours at the slit-lamp or operating microscope force ophthalmologists into sustained, awkward positions. Neck pain, backache, and shoulder stiffness are almost universal complaints. Ignoring exercise or stretching only worsens these problems, gradually reducing stamina and surgical efficiency.

The mental toll is equally significant. Pressure to achieve, keep up with peers, and "do everything" can create stress, frustration, and even depression. Social media amplifies these insecurities, often masking real progress with unrealistic comparisons.

Yet the solution lies within reach. Caring for health first makes every other challenge easier. Regular physical activity strengthens the body and refreshes the mind. Simple routines such as neck stretches, shoulder rolls, cat-cow yoga poses, brisk walking, or cycling can prevent stiffness and build endurance. A few minutes of mindful breathing or meditation before or after surgery can reset focus and reduce fatigue. Attention to ergonomics-adjusting chair height, supporting the lower back, and keeping screens at eye level-further protects against strain.

Ophthalmologists must remember: a medical career is a marathon, not a sprint. By prioritizing physical fitness and mental well-being early on, one ensures sustained energy, sharper focus, and greater professional satisfaction.

Take-Home Messages

- Good posture and ergonomics prevent common aches in ophthalmology practice.
- Making time for movement each day-be it yoga, walking, cycling, or exercises that suit one's lifestyle-keeps the body flexible and the mind refreshed.
- Caring for mental health through mindfulness and balance enhances career longevity.



MIND MAPPING FOR OPHTHALMOLOGIST A GREAT TOOL

Dr. Pushpa Kumari

In modern era when we are loaded with information with single click, but gradually it is causing less exercising power of brain and also retention of same. So how to improve our reasoning, creativity and retention of learned topic. Simple answer is Mind Mapping. It is effective way of learning and retention of any topic. Very easy to deal with complex topic. It is an effective tool used while examining a patient, preparing for theory and practical examination and interview.

How to Mind Map - 7 Steps

- Step 1) Start with a central image....
- Step 2) Connect the main topics. ...
- Step 3) Use keyword to label branches....
- Step 4) Connect sub-topic branches. ...
- Step 5) Use images, symbols and colour where possible....
- Step 6) Show relationships within your map. ...
- Step 7) Highlight important topics.

How Mind Mapping help Student and Practitioner

1. Ideation and brainstorming.
2. Enhanced memory and prolonged retention due to visual memory
3. Deeper understanding.
4. Improved organization and planning for examination.

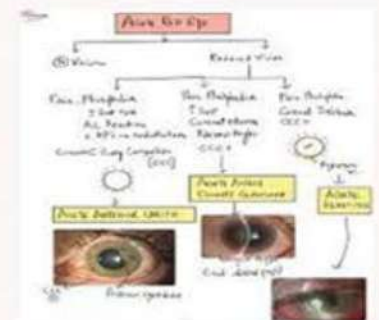
Target Candidate for Mind Map

1. Anyone with normal intelligence.
2. Dyslexic students
3. Visual and Kinesthetic learner

Thus it's a great tool to learn to avoid rote learning and mugging any topic for examination. How to proceed for acute red eye in OPD in quick way is as follow.

Similarly while examining a case of defective vision the flow chart is:-

These are example of flow chart to analyze but in mind map additional branch, sub branches and visual inputs add more power to boost retention. So to conclude it's a great tool to be practice by all students and busy practitioner.





CATARACT AND GLAUCOMA

Dr Meghna Samantaray

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Dept of Ophthalmology, MKCG MCH, Berhampur.

If Cataract and Glaucoma were friends.
In the eye's anterior segment, moist with hue,
where light's passage knew what to do,
There lived two friends, Caty & Glacy.
When together, their hearts filled with ecstasy.
Like sisters from different mothers,
they were like inseparable parts of each other.

Caty had a cloudy shawl,
was soft but not yet opaque.
Her home was the lens,
it's capsule, nucleus and cortex.
She had sole complaint of gradual diminution of
vision,
unable to clearly see the Moon and the Sun.

Then there was Glacy.
Always stressed,
which upto years, couldnot be traced.
Her pressure was quiet, firm & deep,
a hidden force the eye could barely keep.
Together they witnessed the day & night,
watching the optic media change in the dark &
light.

Caty had her own way of expression,
catching colours in a hazy way of transformation.
While Glacy kept her balance,
always calm & deep, maybe in trance.
They proved to be the best of friends.
Always in harmony,

with a silent promise to be together, till life ends.
But life took a sharp turn.
When lens grew milky
& aqueous drainage went sulky.
Gradually, Caty lost her shine,
& Glacy's pressure started to climb.

With time, the friends turned into foes.
Caty turned hard & betrayed the light
and Glacy putting pressure on the Optic nerve,
both blurred the vision with painful endless night.

Their friendship vanished in turmoil & strain.
Destiny filled their lives with misery & pain.
The two friends, once held the sight together,
But the only thing left was darkness and distance
from each other.

N.B.-No medical treatment has been shown to be
effective in the treatment or prevention of
cataract. Hence, regular ocular examination and
timely intervention (cataract surgery) are the only
treatment of cataract.

- The management of glaucoma is aimed at slowing
the progression of the disease, thereby maintaining
optimum visual function. Hence, regular ocular &
systemic evaluation with treatment (medical &
surgical) and frequent follow up is necessary for
preventing further progression of glaucoma.



SMART CONTACT LENSES: THE NEXT FRONTIER IN OCULAR DIAGNOSTICS AND THERAPEUTICS

Dr. Prativa Behera
Assistant Professor,
Dept of Ophthalmology, MKCG MCH, Berhampur

Introduction : A Glimpse into the Future

According to the American Academy of Ophthalmology (AAO), a smart contact lens is a device that goes beyond simple vision correction, these devices are being developed to offer advanced functions to collect biometric data, monitor health, deliver medication, and even provide augmented reality (AR) experiences.

Key Applications and Functionalities : A Focus for the Ophthalmologist

Medical and Health Monitoring

Diabetes Management: Improve patient compliance & enable more timely interventions to prevent episodes hypoglycemia or hyperglycemia.

Glaucoma Monitoring : The Sensimed Triggerfish® is a prime example of a device already clinically used for this purpose.

Targeted Ocular Drug Delivery : Particularly useful for conditions like dry eye syndrome, glaucoma or allergic conditions, ensuring consistent therapeutic levels & significantly improving patient's compliance.

Eye Condition Monitoring : Researchers are also exploring their use in diagnosing & monitoring other conditions, such as dry eye, corneal injury & even early signs of certain neurodegenerative diseases.

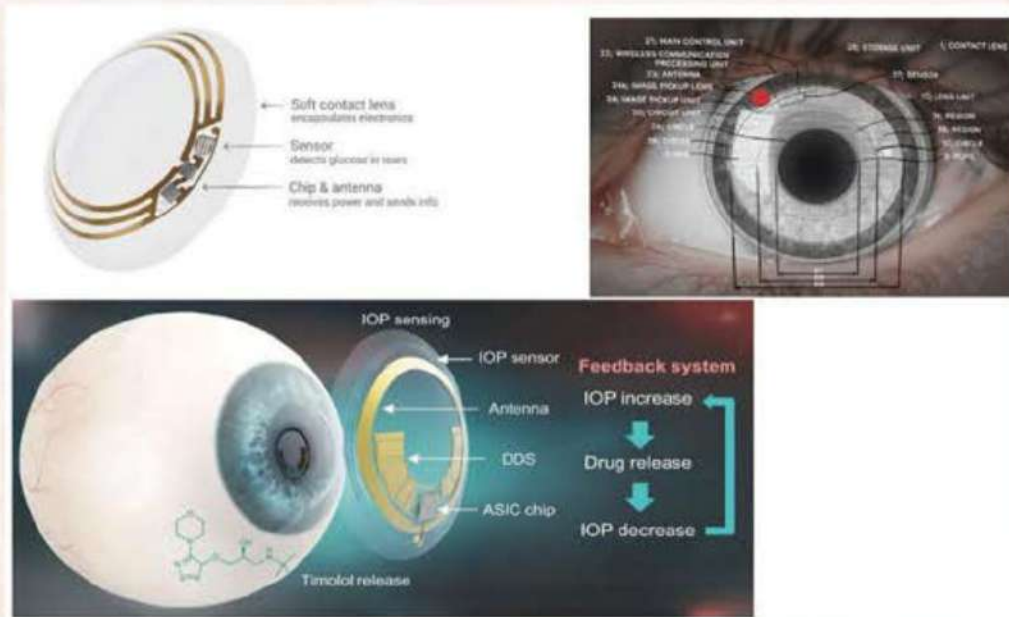
Vision Enhancement and Augmented Reality (AR) : The goal is to provide a hands-free, non-intrusive way to interact with digital information.

Dynamic Focus: Future applications may include lenses with autofocus capabilities that can automatically adjust to the user's distance of focus, much like a camera lens.

Low Vision Aid : For individuals with low vision, a smart contact lens could offer the ability to zoom in & out with a simple blink, magnifying objects & text to improve clarity.

Light-Adaptive Lenses : Similar to photochromic glasses, some are already on the market that automatically darken in bright sunlight to reduce glare and enhance comfort.

Advanced Diagnostics : They could be used to monitor tear film osmolarity & inflammatory biomarkers to diagnose and manage dry eye syndrome. Future applications could even involve detecting early signs of Neurodegenerative diseases through tear-based biomarkers.



Companies and Development

Mojo Vision

Google and Novartis

Johnson & Johnson Vision

Sensimed AG of Lausanne, Switzerland.: The Triggerfish, which gives 24-hour continuous monitoring of changes in IOP patterns that otherwise could not be obtained.

Key FDA-Approved Smart Contact Lenses

1. Glaucoma Monitoring Lens (2016): The first approved smart contact lens for glaucoma (2016) for monitoring intraocular pressure (IOP).
2. AcuvueOasys with Transitions (2018): This is the first daily disposable contact lens with light-adaptive technology
3. AcuvueTheravision (2022): The first daily disposable contact lens approved to deliver an anti-allergy medication directly to the eye.

Conclusion : The shift from episodic check-ups to constant surveillance promises earlier diagnosis, more effective treatment & ultimately, a better quality of life for millions. As research continues to mature, these devices are set to become an essential tool in the modern ophthalmologist's arsenal, ushering in an era of truly personalized and proactive eye care.



THE HIDDEN IMPACT OF HEALTH SCHEMES ON MEDICAL TRAINING

Dr. Somani Baral

Post PG Senior Resident,

Dept of Ophthalmology, SCB Medical College, Cuttack.

Government programmes such as BSKY (Odisha) and Ayushman Bharat (PM-JAY), are cashless treatment schemes for patients within the limit of the package. An empanelled hospital gets paid directly by government. The key points of coverage of these schemes includes.

These are health insurance / coverage scheme run by the Government of Odisha.

Under BSKY Component-2 (In-patient & day-care treatment packages) many treatments including surgical ones are covered.

Specifically for ophthalmology/cataract, BSKY package documents list "cataract surgery with foldable/non-foldable IOL using SICS" under treatment packages.

Empanelled hospitals (including private ones) participate and patients can get cashless treatment if they are eligible.

The government pays the hospital under a fixed rate - typically ₹7,000-₹12,000 per eye depending on the category of lens type and surgical method).

Through organized outreach camps, these programs have successfully attracted large numbers of patients, particularly to private hospitals empanelled under the schemes.

Patients benefit immensely from these initiatives. Most camps offer comprehensive, cashless services, including transportation, preoperative evaluations, surgery, postoperative care, food, and drop-back facilities- all free of cost. The streamlined and patient-friendly approach has effectively reduced the burden on government hospitals while improving access to surgical eye care in remote and underserved populations.

However, this shift has raised an important concern regarding the training of postgraduate ophthalmology residents- the unseen sufferers in government medical colleges, which are primarily teaching institutions. With the diversion of a large proportion of cataract patients to private hospitals, there has been a noticeable decline in surgical case volume within government setups. Consequently, residents in training are experiencing limited opportunities to perform or assist in cataract surgeries- the most fundamental operative skill for an ophthalmologist.

The government colleges and hospitals are teaching institutions to train the trainees.

Government hospitals, unfortunately, remain cumbersome and resource-limited, often involving multiple testing rooms for preoperative procedures, inconsistent supply of consumables, and lack of advanced surgical technologies. As a result, postgraduates complete their training with sound theoretical knowledge but insufficient hands-on experience.

When these doctors are later posted in peripheral or rural hospitals, they are often expected to function independently as ophthalmic surgeons. Yet, due to limited exposure during residency, they struggle with even basic cataract surgeries - a situation that compromises both their confidence and patient care. This vacuum is quickly filled by private hospitals, further strengthening their monopoly and dependency loop.

It is important to clarify that the issue lies not with the intent of these schemes, which have been instrumental in delivering equitable healthcare, but with their current implementation model. To ensure balanced benefit distribution, a more integrated approach is needed-one that includes government teaching hospitals as key participants in these schemes and let only the premium surgeries available at economical rates in private setups.

If basic surgeries such as cataract operations were prioritized and conducted in government teaching hospitals, This strategic reform would serve dual purposes:

Patients would continue to receive free, high-quality care under government supervision.

Postgraduates would regain ample surgical exposure and skill development under the guidance of experienced faculty.

The government could also consider organizing joint camps, where patients are brought to government medical colleges instead of private centers. Pooling preoperative tests, surgical facilities, and postoperative care in one setup would not only streamline the process but also benefit both trainees and tertiary hospitals.

In conclusion, while BSKY and Ayushman Bharat have transformed the accessibility of cataract surgery in India, their implementation must also consider the educational mandate of teaching institutions. A collaborative framework between government and private sectors can ensure that patients, trainees, and institutions all benefit equitably. Strengthening residency training through adequate surgical exposure will not only enhance ophthalmic education but also reinforce the long-term sustainability and self-reliance of India's public healthcare system.



Dr. Balkrushna Samantray
Associate Professor,
S CB MCH

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-ବାଳକୃଷ୍ଣ



REAL WORLD OPHTHALMOLOGY – MASTERING A CATARACT CONSULTATION

Dr. Tahmin Ahmed
Senior Resident,
MKCG MCH

The cataract consultation is one of the most pivotal moments in the surgical setup of ophthalmology. A good patient experience, trust building and groundwork for informed decision-making is what a cataract does to an eye surgeon. More than reviewing, imaging or diagnosis, this is a conversation where expectations are realigned, anxiety is eased and patients are empowered to take part in their care. Getting it right requires tact, empathy and clarity. Exploring some of the subtle but powerful lessons in consultation-insights that may not seem important but can make a huge difference.

Let's see through this complete conversation which took place in OPD hours with a fifty years old Sanjiv Babu who came to us with diminished vision since a long time, almost a year.

Setting the Stage with Clarity

A great consultation begins before the slitlamp. "Sanjiv Babu to which place do you belong; has anyone seen or referred you to us?" by inquiring this who referred the patient and if they will be co-managedgot cleared. Then proceeding to ocular and systemic history "Do you have a history of trauma, glaucoma, or prior ocular surgery?" As the patient belonged to a city, so the next leading question was, "Do you wear contact lenses?", and if so, is he accustomed to monovision? Is he also myope who prefers reading without glasses? Any need of dialysis, or does he have diabetes?

As the patient dilates, he is given a view, a brief information about the condition. Under goes indirect ophthalmoscopy and fundus photography and OCT to visually explain their retinal and optic nerve health, corneal topography for astigmatism, sharing pictures and using terms to engage patient with familiar language. "It's not a lecture, it's a conversation," he was explained.

Speaking Terms Your Patients Can Understand

When discussing intraocular lenses (IOLs), Our unit head begins by asking the most important question: "Sanjiv babu what kind of vision do you want? Distance, near, or both?"

"They are your eyes....hence...your decision what you want for your vision". This subtle shift centers the conversation on his lifestyle and priorities rather than on his findings and reports.

Sneak peek (Give your patient real-life examples that resonate!!)....., was what my unit head told me when Sanjiv Babu was keen on taking a decision, has till I put my hand forward, asked him to give the papers to me and asked him to sit calm for I could help him decide.

Guiding your patients

With a smile on my face I explained : "It's a day care procedure now a days ,and you will be given anesthesia as feasible to you, a local or topical; so with a of 10 min preparation period and 10-20 min surgery, you will have a vision for lifetime."

"Monofocal means seeing near or distance. Reading glasses may still be needed if distance is chosen.

Multifocal or trifocal lenses aim to provide both near and distance vision, similar to progressive glasses.

Monovision involves setting one eye for distance and the other for near, which may work well for patients who have used this with contact lenses".

He gave a look which seemed ed quitesorte done,... to which I asked shall we go for the next test.....!!!!?

Setting Realistic Goals

Avoid promising a certain outcome, instead emphasize on realistic goals. "I never tell patients they will be free of glasses. I say, 'The goal is to reduce your dependence on them.' That distinction build trust," said our unit head. "If a patient is fixated on being 20/20, remind them: the goal is usable, satisfying vision." He continued.

"Many patients feel overwhelmed; the secret is to get back to the way they live and think. Ask how they imagine using their new vision in their daily life". They don't have to know anything about optics; they just need to be clear about their decision." Between his on going conversation of sir and me,

Sanjiv babu entered ,saying "Sir please do advise me the rest tests I require for the surgery, I have n't yet decided on with the lenses, I'll come back with blood reports, after a small discussion with my family."

It was considered a success when the patient walked out saying, "I need to figure out whether I want monovision or distance."

Conclusion

Every ophthalmologist develops a unique style of consultation-whether it is the relatable, tech-savvy approach or the seasoned in sight of experienced surgeons. There is something to learn from everyone, and our leadership style will continue to evolve. Growth comes from sharing those lessons and keeping conversations alive.

The best ophthalmologist is the one who treats the eyes but heals the hearts.



Dr. Anurag Mishra
M.S. (Ophth.)
Director



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(Dr. Braja Sundar Mishra Ophthalmology Department)

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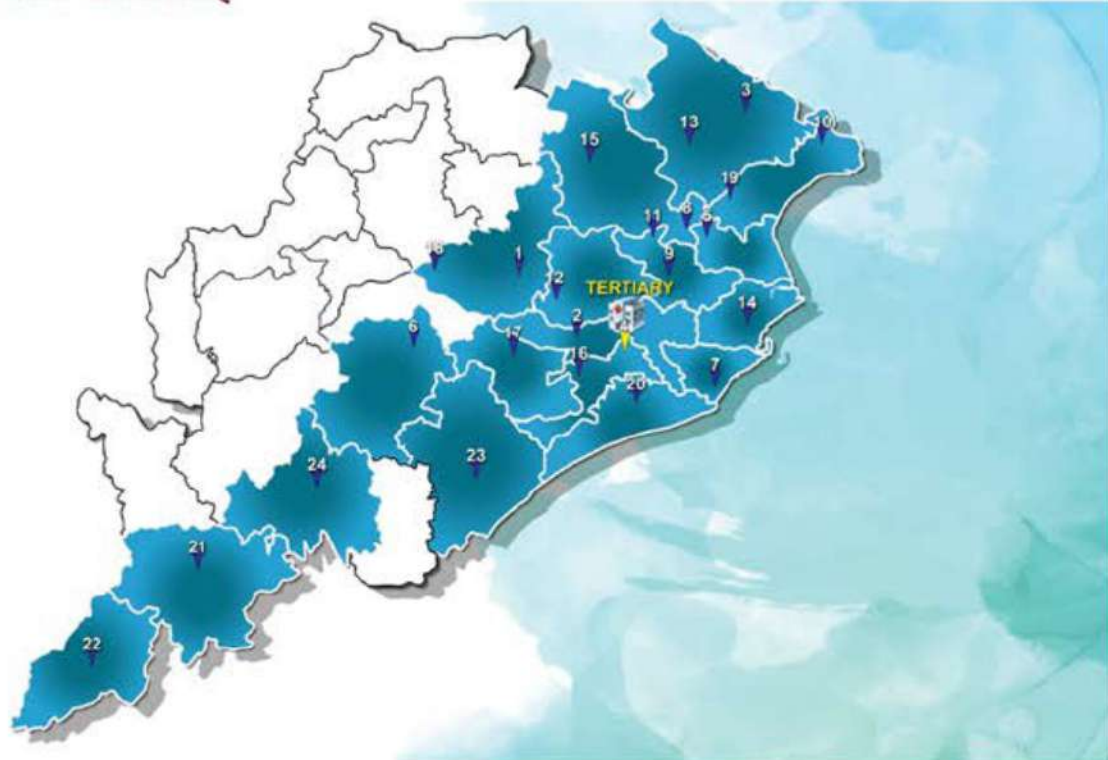
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S. Visvanathan
Secretary

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- Dr Vani Puri**
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- Dr Nafees Fathima**
Medical Retina & Cataract
- Dr Sitamani**
General Ophthalmology & Medical Glaucoma
- Dr Nabatika Mohanty**
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1.Clin Ophthalmol. 2018; 12: 319-329

2.Clin Ophthalmol. 2012; 6: 1113-1124



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Our Services at the Hospital

- Comprehensive OPD Services
- Pediatric Eye Care Services
- Spectacle Dispensing
- Surgery Counseling
- Phaco Cataract Surgery
- Glaucoma Treatment
- Diabetic Retinopathy Treatment
- Low Vision Treatment

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- Ayushman Bharat Pradhan Mantri Jana Arogya Yojana (AB-PMJAY) / Gopabandhu Jana Arogya Yojana (GJAY)
- Ex-Serviceman Contributory Health Scheme (ECHS)
- Employee State Insurance Corporation (ESIC)
- Other Private Insurance Companies (Niva Bupa, ICICI Lombard, Future Generali, SBI General, Aditya Birla, Tata AIG ,FHPL)

Community Eye Care Services

- Regular Eye Screening
- Mobile Van – Comprehensive Eye Screening at the Doorstep
- School Screening
- Door to Door Screening
- Vision Centre Screening

Training Courses Offered

- Diploma in Optometry & Ophthalmic Technology (DOOT)
- Short Term Training on Phaco-emulsification for Ophthalmologists

ECOS is seeking a dedicated and qualified ophthalmologist to join our team. We welcome applications from professionals who are passionate about delivering quality eye care and making a meaningful, lasting impact on the health and well-being of our patients.

Contact Us :

3rd Tota Street, Bijipur Railway Station Road,
Brahmapur, Ganjam, Odisha – 760005

Email: ecoseyehospital@gmail.com Website: www.ecoseye.org

Contact No: 9437211194, 8918422918

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MORE INFORMATION :

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Plot No.: 10, Janpath, Satya Nagar, Bhubaneswar, Odisha

E-mail: kvehbbsr@gmail.com

Appointment 8114388593 & 9438794618

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- ✦ Optical biometry with Zeiss IOL master 700 and Anterior (Heidelberg) with 5th generation formulae
- ✦ Topcon Specular Microscopy
- ✦ Dry eye Assesment with OSA
- ✦ Topcon Angio OCT and Spectralis Swept source OCT
- ✦ A Scan, B Scan and UBM
- ✦ YAG Laser
- ✦ Zeiss Argon Laser, Iridex Micropulse Multi spot Laser
- ✦ Humphrey Visual Field Analyser
- ✦ Remidio Non midriatic Fundus Camera
- ✦ Diopsys Nova ERG and VER electrophysiology testing
- ✦ Iridex Diode laser cyclophotocoagulator and SLT laser
- ✦ Cataract Surgical stations- Centurion (Alcon), Signature Pro and Intuitive (Johnson and Johnson)
- ✦ Constellation (Alcon) Vitrectomy System
- ✦ High resolution Microscopes - Lumeria I (Carl Zeiss) OMS 710 (Topcon)
- ✦ Collagen Crosslinking C3R laser
- ✦ Eye lite Phototherapy for Dry eye
- ✦ Ellman Surgitron Dual EMC 120 - for bloodless eye surgery
- ✦ Wavelight EX 500 Excimer Laser (Alcon) for Contura LASIK
- ✦ Moria SBK II Microkeratome



CONSULTANTS:

Dr. Ashok Kumar Nanda

MS (Opthal), F.C.O.

Pahco Surgeon & Consultant - Glaucoma

Timing: Monday to Saturday : 9 AM to 1.30 PM

Dr. Sanghamitra Kanungo

Consultant - Vitreo Retina

Timing: Monday to Saturday : 9 AM to 1.30 PM

Dr. Sasmita Das

Consultant - Glaucoma

Timing: Monday to Saturday : 9 AM to 2.00 PM

Dr. Anurag Mishra

Consultant - Pediatric

Ophthalmology, Squint & Oculoplasty

Timing: Tuesday to Thursday : 9 AM to 1.30 PM

Dr. Mihir Sahoo

Consultant - Cornea

9 AM to 1.30 PM

Timing: Monday to Saturday : 6 PM to 8 PM

Dr. Anuradha Pradhan

Consultant - Oculoplasty & Oncology

Timing: Monday, Tuesday, : 9 AM to 2.00 F...

Wednesday, Thursday & Saturday



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AB SCAN



GREEN LASER



IOL MASTER 700



ZEISS HFA - III



CONSTELLATION RETINA



ZEISS LUMERA-700

- SERVICES AVAILABLE -

- | | |
|---------------------------------------|---|
| 1. LASIK | 14. SQUINT SURGERY |
| 2. CONTOURA LASIK | 15. TARSORAPHY SURGERY |
| 3. PRK (PHOTO-REFRACTIVE KERATECTOMY) | 16. PTERYGIUM SURGERY |
| 4. COLLAGEN CROSS LINKING | 17. PENETRATING KERATOPLASTY |
| 5. PHALIC IOL | 18. DSAEK (DESCEMET'S AUTOMATED ENDOTHELIAL KERATOPLASTY) |
| 6. PHACO - SURGERY | 19. DALK (DEEP ANTERIOR LAMELLAR KERATOPLASTY) |
| 7. TRABECULECTOMY (GLAUCOMA SURGERY) | 20. YAG - CAPSULOTOMY |
| 8. DACRYOCYSTORHINOSTOMY (DCR) | 21. YAG - PERIPHERAL IRIDOTOMY |
| 9. GLAUCOMA SURGERY | 22. PRP (PAN RETINAL PHOTOCOAGULATION) |
| 10. PROBING | 23. LIO (LASER INDIRECT OPHTHALMOSCOPY) |
| 11. ECTROPION | 24. INTRAVITREAL INJECTIONS |
| 12. ENTROPION | 25. RETINA DETACHMENT SURGERY |
| 13. PTOSIS SURGERY | |